



# Shorefields Parent Newsletter

10th January 2020

<https://www.shorefields.essex.sch.uk>



Chat and Play 1<sup>st</sup> Saturday of the month at Homelands Free Church (opposite Frinton triangle Shopping Centre Car Park) 2.30-4pm Saturday.

A free get together for local children and families with additional needs. Come along and chat to them about their **free** Play sessions for Families with Children with Additional needs.

#### Dates for the diary

29th January 10am to 11.30 YR 9 onwards—  
Presentations from outside providers

30th January—Moving on coffee morning (for YR9 onwards)

6th Feb—Coffee morning 9.30 to 11.30

17th Feb—Half Term

24th Feb—Back to school





School Dinners – w/b 13/01/20 we will be on week 2 of the Autumn Menu.

|                       | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |
|-----------------------|---|--|--|--|---|
| Main Meal<br>Option 1 | Tuna Pasta Bake                                 | Chicken Tikka Masala Served With Rice & Naan Bread | Roast Beef Parsnips, Yorkshire Pudding & Roast Potatoes        | Sausage Pie Served With Mash Potato                  | Harry Ramsden Fillet Of Fish Served With Chips      |
| Main Meal<br>Option 2 | Southern Fried Chicken Served With New Potatoes | Fishwich In A Bun Served With Potato Wedges        | Cheesy Beans In a Yorkshire Pudding, Parsnips & Roast Potatoes | Macaroni Cheese Served With Garlic Bread             | Sweet Chilli Or BBQ Chicken Wraps Served With Chips |
| Vegetables            | Cauliflower & Peas                              | Broccoli & Sweetcorn                               | Green Beans & Carrots  | Cabbage & Mixed Vegetables                           | Baked beans, Corn On The Cob, bubble & squeak       |
|                       | Salad Bar                                       | Salad Bar  | Salad Bar  | Salad Bar  | Salad Bar   |
| Dessert/<br>Pudding   | Coconut & Jam Sponge Served With Custard        | Rice Krispie Cake With A Choice Of Milkshake       | Fruit Crumble & Custard  | Selection Of Ice Cream Pots With A Shortbread Finger | Fairy Cakes or Muller Corner Yogurt                 |



In the main reception area you may have noticed a red 'post box' that has been put up this week. This is for any suggestions, comments or feedback you may have, forms can be found under the red post box, thank you.

## **PARENT FORUM**

6th February @ 13.30 in the Sunflower Café

This session we will be looking at the fishbowl and the receptions areas. If there is anything you would like added please contact Bev or Louise...

## **SPLASH**

Future SPLASH events:            Quiz Night 24 Jan 7pm  
   Pamper Evening 5 March 6pm- 9pm

### **Information to parents**

A reminder that School Nurses should not send text messages as their first contact with parents.

If you receive a text message requesting information about your child from anyone purporting to be a School Nurse, please DO NOT engage.

To check authenticity of the text message received, please contact the Essex Child and Family Wellbeing Service Single Point of Access on:

Mid Essex 0300 247 0014 (option 2)

North Essex 0300 247 0015

South Essex 0300 247 0013

West Essex 0300 247 0122

To see examples of suspicious text messages, click the link below:

<https://who-called.co.uk/Number/07562068525>

Below is information on Rascal's soft play centre in Clacton as they will be running a weekly after school session for children with additional needs. It starts on the 4<sup>th</sup> November.

[https://m.facebook.com/story.php?story\\_fbid=2486284268104086&id=147201668679036](https://m.facebook.com/story.php?story_fbid=2486284268104086&id=147201668679036)

Please note that our policies can be found on our school website.



# FREE CONFIDENTIAL LEGAL ADVICE FOR FAMILIES

**Has your relationship broken down?**

**Issues Concerning Children?**

**Threatened with eviction or dismissal from work?**

We are pleased to be working with Essex University to provide a pilot project to offer families, local school based confidential law clinics, providing legal advice on a wide variety of issues affecting families, such as divorce, access to children, consumer disputes, employment, housing and benefit problems.

All advice is given by University of Essex law students in strictest confidence under supervision.

**THURSDAY 30<sup>th</sup> January 2020– MORNING**

**SHOREFIELDS SCHOOL**

**Appointment only** - NO DROP-INS – pick up a referral form from the school office or call:

**Mid Tendring Education Partnership—07944333685**

Organised by **Mid Tendring Education Partnership** in collaboration with the **Essex Law Clinic**