

# Shorefields Parent Newsletter 10th January 2020

https://www.shorefields.essex.sch.uk



Chat and Play 1<sup>st</sup> Saturday of the month at Homelands Free Church (opposite Frinton triangle Shopping Centre Car Park) 2.30-4pm Saturday.

A free get together for local children and families with additional needs. Come along and chat to them about their **free** Play sessions for Families with Children with Additional needs.

#### Dates for the diary

29th January 10am to 11.30 YR 9 onwards—
Presentations from outside providers
30th January—Moving on coffee morning (for YR9 onwards)

6th Feb—Coffee morning 9.30 to 11.30

17th Feb—Half Term

24th Feb—Back to school

#### **MESSY CHURCH**

For families with children and adults with additional needs & disabilities

Saturday 18th January 2020

10.30-12.30

Christ Church URC, Carnarvon Road,
Clacton CO15 6PH

Contact Trish Hahn: 01255 483288

#### PARENT FORUM—MEETING

6th February @ 13.30 in the Sunflower Café

This session we will be looking at the fishbowl and the receptions areas. If there is anything you would like added please contact Bev or Louise...

Letter from previous meeting to follow today or Monday



School Dinners – w/b 20/01/20 we will be on week 3 of the Autumn Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sausages	Peperoni	Roast	Cottage Pie	Birdseye
Option 1	Served With	Pizza Served	Chicken, Sage		Omega 3
	Jacket Potato	With	& Onion		Fish Fingers
		Seasoned	Stuffing,		Served With
		Potato	Yorkshire		Chips
		Wedges	pudding &		
			roast		
			potatoes		
Main Meal	Tomato Pasta	Cheese Flan	Cheesy Beans	Bacon Pastry	Quorn
Option 2	Bake	Served With	In a Yorkshire	Whirls	Dippers
		Seasoned	Pudding,	Served With	Served With
		Potato	Stuffing &	New	Chips
		Wedges	Roast	Potatoes	
			Potatoes		
	Sweetcorn &	Broccoli &	Green Beans	Cabbage &	Spaghetti &
	Beans	Mixed	& Cauliflower	Carrots	Bubble &
		Vegetables			Squeak
Vegetables					
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	Chocolate	Fruit Jelly &	Plum Pudding	Cheese Cake	Cheese &
Dessert/	Sponge Finger	Ice Cream	& Custard	Or Muller	Biscuits Or
Pudding	With Chocolate			Corner	Muller
Fudullig	Sauce			Yogurt	Corner
					Yogurt



In the main reception area you may have noticed a red 'post box' that has been put up this week. This is for any suggestions, comments or feedback you may have, forms can be found under the red post box, thank you.

## **SPLASH**

Future SPLASH events: Quiz Night 24 Jan 7pm

Pamper Evening 5 March 6pm-9pm

#### Information to parents

A reminder that School Nurses should not send text messages as their first contact with parents.

If you receive a text message requesting information about your child from anyone purporting to be a School Nurse, please DO NOT engage.

To check authenticity of the text message received, please contact the Essex Child and Family Wellbeing Service Single Point of Access on:

Mid Essex 0300 247 0014 (option 2)

North Essex 0300 247 0015

South Essex 0300 247 0013

West Essex 0300 247 0122

To see examples of suspicious text messages, click the link below:

https://who-called.co.uk/Number/07562068525

Below is information on Rascal's soft play centre in Clacton as they will be running a weekly after school session for children with additional needs. It starts on the 4<sup>th</sup> November.

https://m.facebook.com/story.php?story\_fbid=2486284268104086&id=147201668679036

Please note that our policies can be found on our school website.

### **CAREERS WEEK 2020**



# Week commencing the 27th January Parent/Carers Events

## Monday 13:30-15:00: Presentations from colleges.

Come and hear from local further educational establishments on what courses they can offer your young person. Speakers from ACL, Market Fields College and Colchester institute

# Wednesday 29<sup>th</sup> 10:00-11:30 Presentations from local 19+providers

A chance to hear about what services different provisions can provide. Speakers from: Sail Ship, ECL, Coco Care, Bright Lives, and Hawk Farm.

# Thursday 30<sup>th</sup> 10:00-11:30 Moving on coffee morning

This is our annual transition event. There will be some outside agencies who will be joining us and who will be happy to answer any questions you might have about what happens when it's time for your young person to leave school.

These events are for parents and students (years 9 - 14)

If you have any questions or would like to know more please

contact: Peter Norfolk on 01255 424412

We look forward to seeing you there