



Shorefields Parent Newsletter

14th May 2021

<https://www.shorefields.essex.sch.uk>

Polite Notice, to ensure the safety of our staff, can you please ensure that you are wearing a face covering when dropping off & picking up the children, thank you.



Dates for the diary

28th May INSET Day

31st May Half Term

7th June—Return to school

Polite reminder, please be mindful of the speed limit of 5mph when entering and leaving the school grounds, this is for the safety of our parents, staff and pupils who can be unpredictable. Thank you for your understanding.

Good news stories and successes

Our governing body has created a wellbeing group who will be meeting to discuss how to promote wellbeing for everyone involved with Shorefields.

Beach 3 & 4 have enjoyed walking to and from our local park.

A pupil in Pier said 'apple' and 'banana' for the first time – very healthy too!

A couple of pupils in Sunshine 3 have had amazing toilet success.

Pier 1 spent some of Wednesday planting seeds in their garden. We can't wait to see them grow.

One of our Beach 2 pupils has been transitioning home by walking from the classroom to the car – a great achievement!

Sunshine 6 baked some delicious dinosaur biscuits (made with real dinosaurs apparently!)

Beach 1 enjoyed their PE session on the MUGA pitch so much they spent their lunchtime asking to go back.

Sunshine 2 have had wonderful success with pupils using Makaton signing and some excellent transitions.

Sunshine 7 have released their butterflies – they were very excited to name them & see them land on plants – goodbye to butterflies Bob, Daisy, Millie and Ayisha.

Have a great weekend everyone

Jen

Healthy Eating tips for this week

If your child has a very limited diet – check with your dietician about possible supplements



MELLOW MONDAYZ

Every Monday

3:30pm- 6:00pm
Only £5 entry!

Under 13yrs

Book now

Playpalz has a session for children with disabilities & their siblings/friends. This is to allow children with additional support needs to enjoy our facilities in a quieter and calmer setting (no music or flashing lights). The session time is from 3.30pm - 6pm every Monday.

We will be closed to the general public for these sessions and the entrance fee of £5 applies to all children attending. The session will be suitable for children with additional support needs aged 13 and under

If you would like any further information regarding payments for school trips etc, please refer to the charging, remittance and lettings policies which can be found on our website.

School Trends—Parent Ordering

The cut off date for parents to order school uniform in time for September delivery will be before the end of July.



Fancy a free bike?

Essex Pedal Power can help!

Benefits:

- ✔ A free quality bike
- ✔ A chance to be more active
- ✔ Cycle to education and work
- ✔ Feel good and healthy
- ✔ Meet friends and family
- ✔ Free form of transport
- ✔ Protect the environment

What is Essex Pedal Power?

Essex Pedal Power is a new and exciting community-based project, which allows eligible residents over the age of 12 years in Clacton and Jaywick Sands to apply for a free quality bike to become more active. The pilot scheme is the first of its kind to be rolled out in Essex and will be run in phases throughout 2021/2023.

Can't ride a bike? No problem!

Essex Pedal Power will offer free lessons in a safe environment with trained professionals, at a venue near you. Free basic bike maintenance training will also be provided to ensure your bike stays in tip top condition.

This an inclusive scheme therefore specially adapted bikes will be available for those with differing needs.

How can I apply?

If you would like to find out if you are eligible for a free bike, or for more information on Essex Pedal Power, please call the team on **03330 136 330** or visit www.activeessex.org/essex-pedal-power



#EssexPedalPower





School Dinners – w/b 17/05/21 we will be on week 3 of the Summer Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Pork & apple burger served with cubed potatoes	Chicken curry served with rice & naan bread	Roast chicken, sage & onion stuffing, yorkshire pudding & roast potatoes	Sausage pie served with mash potato	Harry Ramsdon fillet of fish served with chips
Main Meal Option 2	Tomato pasta bake	Cheese flan served with new potatoes	Cheesy beans in a Yorkshire pudding, roast potatoes	Tuna pasta bake	Hot dog in a roll served with chips
Vegetables	Peas & carrots	Broccoli & sweetcorn	Green beans & cauliflower	Cabbage & mixed vegetables	Baked beans
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Bakewell tart & custard	Fresh fruit pots or angel delight	Lemon drizzle cake & custard	Rice pudding with chocolate or strawberry sauce	Mouse & homemade biscuit



Does your child or young person require specialist medical or physical equipment at home or school?

Essex Family Forum along with it's Family Champions, have worked with representatives from *Health, Education*, and *Social Care* to develop a survey to help understand families' experiences in regards to equipment. The information will inform services going forward and be used to improve outcomes for families.

We need your voice to make positive change for the future.

Survey closes 31st May 2021.

Follow the link to take the survey:

https://www.surveymonkey.co.uk/r/5SHT68K?mc_cid=d50b6c118e&mc_eid=95c5848135