



# Shorefields Parent Newsletter

21st January 2022

<https://www.shorefields.essex.sch.uk>

A quick reminder to all secondary aged students, please remember to continue with the twice weekly lateral flow testing. If you require any more testing kits, please let us know.

Also should any primary aged children/families wish to have some testing kits, they are available, please pop a note in the home school book if you would like some.

## Dates for the diary

Walton Parents—Apologies wrong date on last weeks newsletter this is the correct date meet at Walton Pier 28th January 9.30 for a social walk with Angela and Leane leaving at 9.45

Half term—14th—18th Feb

Parents - If you are attending any medical appointments in school eg, Physio, medicals, OT, would you please arrange to take a lateral flow test before coming in to school. Thank you.

We regret to inform you that we have been advised by Essex County Council to close our hydro pool whilst further investigations are carried out, following the discovery of a leak on return from the Christmas holidays. We are currently trying to source community provision for some pupils with hydro stated on their EHCP. We will update when we have further information- our deepest apologies.

We have a vacancy for a parent governor on our school Governing Body. If any parent, carer or grandparent is interested in becoming a governor, please do get in touch with the school office for further information.

## Good news stories

**Pier 2** one of our pupils used her cabin chair for the first time sat in it for 15 minutes when her target had been 5 minutes. Another pupil explored every single prop used in our story.

**Pier 1**, We have been splatter painting our display background for Space and making moons with paper plates, bubble wrap and tin foil to give the moon texture.

**Pier 1** we have also been enjoying Laura's star exploring the new props and having a math experience all about planets, stars and Rockets. A pupil has completed his first 3 day week, he did really well.

**Sunshine 8** - students have been planting bulbs in the garden and their bulbs are beginning to grow. Students have been working with shapes and named 5 3D shapes.

**Pier 3** - 2 students have been amazing in Performing Arts with Rachel this week, exploring the props and taking turns.

A student has been exploring jelly and been loving it in **Pier 5**

**Beach 4** all paid for their own swimming session and went to the cafe ordered their snack and sat nicely to eat.

**Sunshine 5** managed to find Winnie the Pooh and all of his friends when exploring Wivenhoe Woods 😊  
One of our Sunshine 1 pupils is wearing her hearing band for longer without taking it off and another pupil's singing is improving brilliantly!

**Sunshine 7** - followed a recipe and made Earth Cookies

**Beach 1** A pupil has been doing wees on the toilet and has been dry for two days. Another pupil said the word horse when playing with the soft toys.

**Beach 2** enjoyed a trip to Frinton where they were all able to go into a bakery and choose their snack, following this we went and enjoyed a walk along the beach! Well done Beach 2 😊



## Good News—Continued!

One of the students in **Pier 4** has started at Bright Lives for the provider experience- even though she went to the aerobics class by mistake instead of music!!! 😊

We are so proud of one of our pupils in **Beach 3** who couldn't swim last term swam 4 lengths of pool and jumped in twice too.

**Sunshine 6** - students have been using great questioning skills when playing communication games together.

**Sunshine 8** - 4 students in sunshine 8 got a strike in bowling

**Sunshine 2** pupils have been playing really nicely together and so kind and gentle washing the dolls in phse.

## Sunshine 6 choosing and making fruit salad kebabs





## Virtual session- Bursting Bubbles

25th January 2021 1:00 pm – 2:00 pm

An informal support session for families who have a child with Social, Emotional or Communication Delay.

To book please call us on 0300 247 0015

The Maze have a lot of support on line

<https://www.themazegroup.co.uk/learning-materials/>

We facilitate a group here every term for more information contact Angela our Learning Link Advisor.

angelag@shorefields.essex.sch.uk

Coffee Morning dates you may be interested in:

Mistley-1st Monday of month at Mistley Village Hall Furze Hill 10am-12 md. Next one 7th February

Harwich All Saints Church 9.30-11.30 Next one Thursday 20th Jan

Colchester Parent Support-On line coffee evening 1st Monday of every month 7.30-8.30- book via Facebook Maze





Are running a DLA clinic on January 27<sup>th</sup> 10am until 12.30pm via zoom. This will be occurring regularly, if you are interested please complete the normal contact form on our website and the helpline will notify you of upcoming dates.

This will be a group session talking through the form step by step with guidance on wording. If anyone might struggle in a group session 1-1 support can still be offered by one of the team.

## **Autism and Mental Health – Parents/Family Workshop**

This virtual workshop will provide a more in-depth understanding of the signs and symptoms of mental health conditions experienced by people with autism, and how to access professional support when needed. The workshop will also explore how to support someone suffering from autistic fatigue and burnout and the reasons this can occur, as well as looking at strategies to help improve wellbeing.

The workshop is interactive with discussions, activities and plenty of time for questions throughout, however participants are welcome to be involved as much or as little as they feel comfortable.

**24 January 2022**  
**9.30am - 11.30am**  
**Tickets £30**

<https://mailchi.mp/autism-anglia/autism-and-mental-health-parentsfamily-online-workshop?e=77e8b60bcc>



All schools can benefit from these free resources which are perfect for supporting **Children's Mental Health Week** from Monday 7th February.

And they are available to access right now via this website (no login required!)

Here's the link:

[www.imoves.com/mental-health-week-2022](http://www.imoves.com/mental-health-week-2022)

**For families with children and adults with additional needs and disabilities**

Saturday 5th February 2022

10.30am—12.30am

Christ Church URC, Carnarvon Road, Clacton, CO15 6PH

Messy fun for all the family, parents, siblings and carers

Crafts, music, interactive sensory story, sensory messy play

Lunch provided

Contact Trish Hahn: 01255 483288

Facebook: Mess Church S.E.N.D / Christ Church URC





School Dinners – w/b 24/1/22 we will be on week 1 of the Autumn Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Pork Meat-balls in a Rich Tomato Sauce Served with Penne Pasta	All Day Breakfast, Sausage, Egg, Bacon & Hash Brown	Roast pork, sage & onion stuffing, yorkshire pudding & roast potatoes	Homemade pizza served with seasoned wedges	Omega 3 fish fingers served with chips
Main Meal Option 2	Chicken Chunks Served with New Potatoes	Vegetarian Sausage, Egg, Hash Brown, Tomato	Cheesy beans in a Yorkshire pudding & roast potatoes	Chicken fillet served with Bombay potatoes	Beef burger served with chips
Vegetables	Cauliflower & Mixed Vegetables	Baked Beans & Mushrooms	Cabbage & carrots	Broccoli & sweetcorn	Spaghetti hoops & bubble & squeak
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Artic Roll with a Wedge of Melon	Fresh Fruit Pots or Angel Delight	Iced sponge & custard	Jelly & Ice cream	Homemade muffins



Shorefields School PTA And Events added an event.

9 January at 14:08 · 🌐



TUE, 15 FEB AT 18:30

splash private hire of colchester leisure world

☆ Interested

TUESDAY, 15 FEBRUARY  
2022 FROM 18:30-20:00  
Private hire of the leisure  
world pools Tuesday 16th  
February from  
6.30pm-8pm.  
flumes open from  
6.45-7.45pm.  
£5.50 per person  
numbers will be limited.



Shorefields School PTA And Events added an event.

10 January at 16:49 · 🌐



SAT, 19 FEB AT 18:00

splash private hire of playpalz

Clacton-on-Sea

You like Shorefields School PTA And Events

☆ Interested

We have private hired  
Playpalz for the evening of  
Saturday 19th February.  
It will be £5.50 per child  
with 1 free carer entry.  
All children and siblings  
with SEND welcome

For either of these events if you unable to book on Facebook page Shorefields School PTA And Events and would like to go please either email Louise:

[lbennison89@gmail.com](mailto:lbennison89@gmail.com) or send a note in home school book that can be passed onto her.



## Frozen Light Spring Tour at New Woolsey Theatre

SHOWING FROM THU 17 — SAT 19 FEB

The year is 2065; the people are stifled under an oppressive regime made up of all-powerful corporations. We follow a group of rebels who live outside the system and believe things can change for the better. How can they remind people of a time when things were different? When they hoped not only to survive but to thrive? Can they bring music back to a city where it is needed more than ever?

2065 is a futuristic sensory extravaganza for audiences with profound and multiple learning disabilities. Frozen Light are specialists in making sensory theatre for adult audiences with PMLD and this is their fifth touring production.