

# Shorefields Parent Newsletter 14th October 2022

https://www.shorefields.essex.sch.uk

### Dates for the diary

Friday 21st October Autumn Festival at St Pauls Church 10am all welcome October half term—Monday 24 to Friday 28 October

## Autumn Festival, St Pauls Church 10am Friday 21 October

We would like to invite you to our Autumn Festival where some of the children will be performing. It's always a lovely service at the church and if you would like toknow if your son/daughter is taking part, please ask in the home school book. We will be walking to the Church, so if needed please send in buggy/wheelchair, thank you. Look forward to seeing you there.

We are asking for donations of food, if you would like to donate to the Clacton Food Bank?

## They have shortages of:

Tinned Fruit, Dried Milk Powder, Longlife Milk Cartons, Dried Rice, Hot Chocolate, Coffee

They really do not need at the moment: Baked Beans, Tinned Soup, Pasta & Cereal as they have a really good stock of those items. Thanking you.

#### School Uniform

We have 3 brand new sweatshirts (these were stock items) in the office for sale—2 x 26 inch chest at a cost of £10 each and 1 x Large at £15. Payment in cash or cheque payable to Shorefields, first come, first served.

#### **Good News:**

Beach 5—had a great shopping trip to ASDA and they all used their shopping lists

Pier 3—2 students have been doing really well this week, one student using his standing frame and another using a walker

Beach 4—one student was able to transition to Performing Arts successfully

Sunshine 1—a pupil has been exploring classroom resources including the parachute which made him anxious before

Sunshine 8—have trimmed back the SuperBloom area and picked the seeds

Sunshine 4—pupil having a taster from the school lunch menu every day

Beach 1—all pupils have made amazing progress with their morning routine

Pier 5—One pupil has started an Eye Gaze assessment

Sunshine 7—One young man wrote a sand collector poem on the laptop independently

Sunshine 8 will be making Christmas Wreaths again this year, £15 each. More details to follow over the next few weeks.

# School Dinners – w/b 17/10/22 Week 1 of the Autumn Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Tomato	All day	Roast pork,	Sausage roll	Omega 3
Option 1	pasta bake	breakfast,	sage & onion	served with mash	fish fingers served with
		sausage, egg, bacon & hash	stuffing, Yorkshire		chips
		brown	pudding &	potato	Cilips
		biowii	roast		
			potatoes		
			potatoes		
Main Meal	Quorn Vegan	Vegetarian	Cheesy	Macaroni	Chicken
Option 2	Dippers	sausage, egg,	beans in a	cheese	burger
·	Served with	hash brown,	Yorkshire	served with	served with
	potato cro-	tomato	pudding,	garlic bread	chips
	quettes		stuffing &		
			roast		
			potatoes		
	Mixed	Baked beans	Cabbage &	Broccoli &	Baked
	vegetables	&	carrots	sweetcorn	beans,
	regetables	mushrooms	6411613	34400111	bubble &
Vegetables					squeak
	Calad Day	Calad Day	Calad Day	Calad Day	·
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
		F 1.5 "		24	DI I
	Jam sponge	Fresh fruit	Homemade	Melon,	Blueberry
Dessert/	& custard	pots or angel	brownie	strawberry	muffins
Pudding		delight	served with	& grape	
			ice cream	pots of fruit, smoothie	
				SHIOOUIIC	

### Message from Debbie Nurse

If your child attends a medical appointment outside of school, would you please be kind enough to write what the appointment was for in the home/school book— it will help to keep your child's medical information up to date, thank you.

Flu clinic was a great success on Monday, thank you to all the parents who came along to support their children on that day—75 children took up the vaccine on Monday. If your child was unable to have their vaccine this week, there is a drop in clinic at Green Lodge in Clacton and The Vibe in Harwich over half term—do please put a note in your child's home/school book if they have a flu vaccine elsewhere.

We have had some glasses in the office for sometime—do they belong to any of your children?

Please pop in to the school office to collect









For young people with learning disabilities / physical disabilities

Monday - Friday 10am - 3pm

£20

Bring your own lunch **OR** purchase lunch from our Kitchen on Tuesdays & Fridays

per day

Join Sailship Trainees in a safe





















**Accessible Pathway!** 



Sailshilp TLL **RGAT Allotment Site** Fairclough Avenue Clacton-on-Sea CO16 7EG

October Half Term Monday 24th - Friday 28th

T: 07875 639188 E: liz.barritt@sailship.org.uk

Reg Charity Number: 1174081

Contact us to book your place

T: 07875 639188

E: liz.barritt@sailship.org.uk



# Shorefields School Coffee Morning

in the Sunflower Cafe

# **Thursday 3rd November 09.30-11.30 am (drop in)**

Shorefields school Coffee Mornings are an opportunity for you to meet with other parents and to be able to get information and advice.

We will be joined by Action for Family Carers.



They help unpaid carers by providing:

- Young Carer Club Nights in 7 Districts across Essex
- Young Carer counselling and support in schools for Young Carers in NE Essex
- Support with getting into college and work for Young Adult Carers aged 16+in NE Essex
  - Adult Carer Counselling and Befriending
  - Feeling Good Caring Well activities and strategies
  - Information, advice on carers rights and entitlements
- Day Care in Maldon looking after vulnerable older people, providing a break for their carers
  - Activity Groups for people with dementia in West Essex
    - Carer and Family Response service in Chelmsford
      - Carer Friendly GP Practice development

Any questions please contact Shorefields 01255 424412



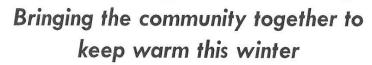




# **Winter Warmers** & Family Fun Day!

















10.00am - 12.00noon





Action for Family Carers Come along and join in with fun children's activities and get ready for winter with



FREE adults and children's, blankets, hot water bottles, gloves, school uniform, pre-loved coats and clothing, essential breakfast packs and much more!





Many partners will be coming together to give winter resilience advice and support for the whole community to keep warm this winter.





The vaccination bus will be available until 4pm. No appointment needed!

Suffolk and North East Essex



# There will even be a visit from the Fire Brigade!

(subject to call outs)

Please be aware this event is taking place outside in the car park. Recycle modelling fun children's activities are inside the Hub.



Services commissioned by:



