



Shorefields Parent Newsletter

14th October 2022

<https://www.shorefields.essex.sch.uk>

Dates for the diary

Friday 21st October Autumn Festival at St Pauls Church 10am all welcome

October half term—Monday 24 to Friday 28 October

Autumn Festival, St Pauls Church 10am Friday 21 October

We would like to invite you to our Autumn Festival where some of the children will be performing. It's always a lovely service at the church and if you would like to know if your son/daughter is taking part, please ask in the home school book. We will be walking to the Church, so if needed please send in buggy/wheelchair, thank you. Look forward to seeing you there.

We are asking for donations of food, if you would like to donate to the Clacton Food Bank?

They have shortages of:

Tinned Fruit, Dried Milk Powder, Longlife Milk Cartons, Dried Rice, Hot Chocolate, Coffee

They really do not need at the moment: Baked Beans, Tinned Soup, Pasta & Cereal as they have a really good stock of those items. Thanking you.

School Uniform

We have 3 brand new sweatshirts (these were stock items) in the office for sale—2 x 26 inch chest at a cost of £10 each and 1 x Large at £15. Payment in cash or cheque payable to Shorefields, first come, first served.

Good News:

Beach 5—had a great shopping trip to ASDA and they all used their shopping lists

Pier 3—2 students have been doing really well this week, one student using his standing frame and another using a walker

Beach 4—one student was able to transition to Performing Arts successfully

Sunshine 1—a pupil has been exploring classroom resources including the parachute which made him anxious before

Sunshine 8—have trimmed back the SuperBloom area and picked the seeds

Sunshine 4—pupil having a taster from the school lunch menu every day

Beach 1—all pupils have made amazing progress with their morning routine

Pier 5—One pupil has started an Eye Gaze assessment

Sunshine 7—One young man wrote a sand collector poem on the laptop independently

Sunshine 8 will be making Christmas Wreaths again this year, £15 each. More details to follow over the next few weeks.

School Dinners – w/b 17/10/22

Week 1 of the Autumn Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Tomato pasta bake	All day breakfast, sausage, egg, bacon & hash brown	Roast pork, sage & onion stuffing, Yorkshire pudding & roast potatoes	Sausage roll served with mash potato	Omega 3 fish fingers served with chips
Main Meal Option 2	Quorn Vegan Dippers Served with potato cro- quettes	Vegetarian sausage, egg, hash brown, tomato	Cheesy beans in a Yorkshire pudding, stuffing & roast potatoes	Macaroni cheese served with garlic bread	Chicken burger served with chips
Vegetables	Mixed vegetables	Baked beans & mushrooms	Cabbage & carrots	Broccoli & sweetcorn	Baked beans, bubble & squeak
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Jam sponge & custard	Fresh fruit pots or angel delight	Homemade brownie served with ice cream	Melon, strawberry & grape pots of fruit, smoothie	Blueberry muffins

Message from Debbie Nurse

If your child attends a medical appointment outside of school, would you please be kind enough to write what the appointment was for in the home/school book— it will help to keep your child's medical information up to date, thank you.

Flu clinic was a great success on Monday, thank you to all the parents who came along to support their children on that day—75 children took up the vaccine on Monday. If your child was unable to have their vaccine this week, there is a drop in clinic at Green Lodge in Clacton and The Vibe in Harwich over half term—do please put a note in your child's home/school book if they have a flu vaccine elsewhere.

We have had some glasses in the office for sometime—do they belong to any of your children?

Please pop in to the school office to collect



**For Families with Children and Adults
with Additional Needs & Disabilities**

Saturday 15th October 2022

10.30 am – 12.30 pm

**Venue – Christ Church URC, Carnarvon Rd,
Clacton, CO15 6PH**

Messy Fun for all the family, Parents, Siblings & Carers

Crafts, Music, Interactive Sensory Story, Sensory Messy Play

Lunch provided

Contact Trish Hahn: 01255 483288

Facebook: Messy Church S.E.N.D. / Christ Church URC

Future dates: 12th November, 10th December, 21st January 2023



Families InFocus Essex

North Essex Family Activity Club

**Introducing a new Club
for families living in North Essex with
neurodivergent children and young people**

Activities	When	Where
Lego Table Tennis Board games Arts & Crafts Soft Play Badminton	Sundays 1.30pm - 3.30pm	Leisure World Highwoods The Gilbert School, Brinkley Lane, Highwoods, Colchester CO4 9PU
Cost Sessions are free		

BOOKING IS ESSENTIAL

For further information and to book your place
email: Alex@fifessex.org.uk

Understanding special needs

Sailship School Holiday Club 2022

For young people with learning disabilities / physical disabilities

Monday - Friday 10am - 3pm

£20
per day

Bring your own lunch **OR** purchase lunch from our
Kitchen on Tuesdays & Fridays

Join Sailship Trainees in a safe
environment where you can enjoy



Kitchen Activities



Wildlife & Nature Activities



Gardening & Garden Crafts



Accessible Pathway!



Can you complete the Golden Mile?

Enjoy the gardens and wildlife on your journey
around the path whilst getting some exercise!

6 laps = 1 mile

Sailship TLL
RGAT Allotment Site
Fairclough Avenue
Clacton-on-Sea
C016 7EG

October Half Term
Monday 24th - Friday 28th

T: 07875 639188

E: liz.barritt@sailship.org.uk

Reg Charity Number: 1174081



Contact us to book your place

T: 07875 639188

E: liz.barritt@sailship.org.uk



Shorefields School Coffee Morning

in the Sunflower Cafe

Thursday 3rd November
09.30-11.30 am (drop in)

Shorefields school Coffee Mornings are an opportunity for you to meet with other parents and to be able to get information and advice.

We will be joined by Action for Family Carers.



They help unpaid carers by providing:

- Young Carer Club Nights in 7 Districts across Essex
- Young Carer counselling and support in schools for Young Carers in NE Essex
- Support with getting into college and work for Young Adult Carers aged 16+ in NE Essex
 - Adult Carer Counselling and Befriending
 - Feeling Good Caring Well activities and strategies
 - Information, advice on carers rights and entitlements
- Day Care in Maldon - looking after vulnerable older people, providing a break for their carers
 - Activity Groups for people with dementia in West Essex
 - Carer and Family Response service in Chelmsford
 - Carer Friendly GP Practice development

Any questions please contact Shorefields 01255 424412



Come along and join in with fun children's activities and get ready for winter with **FREE** adults and children's, blankets, hot water bottles, gloves, school uniform, pre-loved coats and clothing, essential breakfast packs and much more!



Many partners will be coming together to give winter resilience advice and support for the whole community to keep warm this winter.



Suffolk and North East Essex

The vaccination bus will be available until 4pm. No appointment needed!



There will even be a visit from the Fire Brigade!

(subject to call outs)



Please be aware this event is taking place outside in the car park. Recycle modelling fun children's activities are inside the Hub.



Sydney House Family Hub – Tendring district
Berechurch Family Hub - Colchester Borough

www.essexfamilywellbeing.co.uk

Services commissioned by:

