



# Shorefields Parent Newsletter

18th October 2019

Our new website is now live, it can be viewed at: <https://www.shorefields.essex.sch.uk>



## Dates for the diary

4th Nov—Return to school

Friday 8th Nov—SPLASH bingo night 7pm

28th Nov—Siblings Group 3.45—5.15

12th Dec—Siblings Group 3.45—5.15

19th Dec—Last day of term



WE WOULD LIKE TO WISH YOU ALL A VERY  
HAPPY HALLOWEEN AND HALF TERM

Chat and Play 1<sup>st</sup> Saturday of the month at  
Homelands Free Church (opposite Frinton triangle  
Shopping Centre Car Park) 2.30-4pm Saturday.

A free get together for local children and families  
with additional needs. Come along and chat to them  
about their **free** Play sessions for Families with  
Children with Additional needs.

Our grand opening of our sensory garden and outdoor gym was a  
great success and all the children enjoyed the monkey fun bus and  
bouncy castle. Photos to follow shortly....





School Dinners – w/b 4/11/19 we will be on week 2 of the Autumn Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Tuna Pasta Bake	Chicken Tikka Masala Served With Rice & Naan Bread	Roast Beef Parsnips, Yorkshire Pudding & Roast Potatoes	Sausage Pie Served With Mash Potato	Harry Ramsden Fillet Of Fish Served With Chips
Main Meal Option 2	Southern Fried Chicken Served With New Potatoes	Fishwich In A Bun Served With Potato Wedges	Cheesy Beans In a Yorkshire Pudding, Parsnips & Roast Potatoes	Macaroni Cheese Served With Garlic Bread	Sweet Chilli Or BBQ Chicken Wraps Served With Chips
Vegetables	Cauliflower & Peas	Broccoli & Sweetcorn	Green Beans & Carrots	Cabbage & Mixed Vegetables	Baked beans, Corn On The Cob, bubble & squeak
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Coconut & Jam Sponge Served With Custard	Rice Krispie Cake With A Choice Of Milkshake	Fruit Crumble & Custard	Selection Of Ice Cream Pots With A Shortbread Finger	Fairy Cakes or Muller Corner Yogurt



Research participants wanted



## HERE YOU GO...

Do you have a child with autism who has been to an imaging/ X-ray department in the last 12-24 months?

We are conducting an important piece of research exploring the experiences of patients with autism, and their parents/guardians, when attending a diagnostic imaging/X-ray department.

We are looking for children aged between 6-12 years with a diagnosis of autism to share their experience with us.

There are two stages to the research:

- A questionnaire for you to complete online, which should take no longer than 15 minutes.
- An interview with your child about their experience of having an X-ray taken. This will take approximately 20 minutes and be held at a mutually agreed location with you present.

All children participating in this will be asked to talk to us about their experience and will require the support and consent of their parent/guardian.

If you are interested in participating in this valuable study, please email **Principle Investigator Jane Harvey-Lloyd** at the University of Suffolk: [j.harvey-lloyd@uos.ac.uk](mailto:j.harvey-lloyd@uos.ac.uk)

Jane will be happy to answer any questions you may have.

More money has been returned and the current figure raised for the sponsored walk is an incredible £1580, thank you all so much for your continued support, this is an amazing achievement

## SPLASH

SPLASH have arranged some activities for your young people to enjoy during half term week, if you would like to take part in 1, 2 or all 3 activities please complete the form and return to the office.

Sunday 27th October 2pm at the pier, £11.99 per child, free carer stamp, 2 hours on the rides and a meal at the end.

29th October Pavilion bowling 12pm, £6.99 to include burger or hot dog, chips and juice.

Halloween party, St Osyth Village Hall, 31st October 3-5pm, £5 per child for buffet, sensory messy play, feely boxes and fancy dress.

Future SPLASH events: Bingo Night - 8 Nov 7pm, Quiz Night - 24 Jan 7pm, Pamper Evening - 5 March 6pm- 9pm

Below is information on Rascal's soft play centre in Clacton as they will be running a weekly after school session for children with additional needs. It starts on the 4<sup>th</sup> November.

[https://m.facebook.com/story.php?story\\_fbid=2486284268104086&id=147201668679036](https://m.facebook.com/story.php?story_fbid=2486284268104086&id=147201668679036)

Please note that our policies can be found on our school website.



# HELPING HANDS OF HARWICH

THIS YEAR WE WILL BE RUNNING  
COSY KIDS.

FREE WINTER CLOTHING FOR CHILDREN.  
PLEASE POP ALONG IF YOU NEED ANY  
ITEMS. NO JUDGEMENT, NO QUESTIONS,  
JUST TAKE WHAT YOU NEED.

OPENING TIMES,  
WEDNESDAY 6TH NOVEMBER AND  
THURSDAY 7TH NOVEMBER.  
10AM - 1PM

THERE WILL BE TEA AND COFFEE, PLUS  
INFORMATION ABOUT OTHER LOCAL  
ORGANISATIONS AVAILABLE.

HARWICH MAYFLOWER HERITAGE  
CENTRE, GEORGE STREET, HARWICH,  
CO123NA