



# Shorefields Parent Newsletter

13th March 2020

<https://www.shorefields.essex.sch.uk>



Can parents please refrain from parking on the gravel area by the exit (driveway) as this causes obstruction and is there for the use of the school vehicles only, thank you for your co-operation.

## Dates for the diary

21st March World Down Syndrome Day/  
odd sock day

1st April—Parents Evening BY  
APPOINTMENT ONLY

3rd April—Last day of term—Finish at 1.30

20th April—return to school

Parents Evening for this term will be on 1st April, 3.10—4.30. If you would like to see your child's teacher, please write a note in your child's home school book and they will give you a 10 minute appointment slot, thank you.

Don't forget  
Parents'  
Evening!

<https://www.gov.uk/government/organisations/public-health-england>

**The latest Coronavirus advice from PHE from last night:-**

**For anyone with:**

- New continuous cough & or
- High temperature

**Should stay at home and do not leave your house for 7 days from when the symptoms started**



School Dinners – w/b 16/03/20 we will be on week 1 of the Autumn Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Spaghetti Bolognaise Served With Garlic Bread	All Day Breakfast, Sausage, Egg, Bacon & Hash Brown	Roast Pork, Yorkshire pudding, Stuffing & roast pota- toes	Tomato Pasta Bake	Omega 3 Fish Fingers Served With Chips
Main Meal Option 2	Cornish Pasty Served With New Potatoes	Vegetarian Sausage, Egg, Hash- Brown, Tomato	Cheesy beans in a Yorkshire Pudding, Stuffing & Roast Potatoes	Chicken Chunks Served With Seasoned Cubed Potatoes	Beef Or Cheese Burger Served With Chips
Vegetables	Cabbage & Mixed vegetables	Baked beans, mushrooms	Peas & Carrots	Broccoli & sweetcorn	Spaghetti hoops & Bubble and Squeak
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Homemade Rice pudding With Chocolate Or Strawberry Sauce	Fruit Platter Or Chocolate Angel Delight	Lemon Drizzle Cake	Artic Roll With A Wedge Of Melon	Fruit Smoothie Or Chocolate Cupcake



We are proud to announce that we have been awarded the Leading Parent Partnership award. This acknowledges that we work well with our parents and has enabled us to set up the Parent forum.

Thank you in particular to Bev Harvey & Louise Bennison for their hard work with this.



Leading Parent  
Partnership Award

2020–2023

### 21st March 2020 is World Down Syndrome Day

We are supporting this by selling badges in reception or ask Calen's mum Tania, they are £1 each.

We will also be holding an 'odd socks' day on 20th March—donations welcomed (not socks!!)



### SPLASH EVENTS

We have been able to private hire **Jungle Adventure** Thursday 9th April from 4.30pm—6.30pm.

Places are £5 per child with the option of a buffet for an additional £4.50 per person. If you would like to add the buffet option please can you let us know of any allergies or special requirements.

### Easter Party

We are holding a lovely Easter Party on Thursday 16th April 3pm-5pm.

The party will take place at St Osyth Village Hall.

The party will include a visit from the Easter Bunny, James Magic, Sensory Trays, games, buffet and much more!

Tickets must be purchased in advance and are £8 per child with carers free. We hope you can make it.

### Healthy food tips for the week

Try eating the same food with your child – many children are afraid of new foods and they need to know that it is safe to eat. They will be more willing to try something if parents try it too –sit opposite them, so that they can see your face...

Please note that our policies can be found on our school website.



Thank you to everyone who supported Pink Day, the total amount raised for breast cancer was £276.26



Harwich Parent Support

## COFFEE MORNINGS

3RD THURSDAY OF THE MONTH  
HARWICH ARTS & HERITAGE CENTRE CO124AJ  
MAIN ROAD HARWICH  
(NEXT TO MAYFLOWER SCHOOL)



9.30-11.30

ALL WELCOME

CHILDREN WELCOME

WITH PARENT/CARER SUPERVISION

Support for all parents and carers in Harwich & surrounding areas, with focus on those with children with additional needs and difficulties.



Parent Mentors, Professionals & Parents to chat to.

Dates 2020

16th Jan, 20th Feb, 19th

March, 16th April

21st May, 18th June, 16th

July, 17th September

15th Oct, 19th November,

17th December

PUT YOURSELF  
AT THE TOP  
OF  
YOUR  
TO-DO LIST  
EVERY  
SINGLE DAY  
AND  
THE REST WILL  
FALL INTO PLACE



Drop off point for Helping Hands of Harwich, Baby Bank  
Tending and Tending Hygiene Project



**TUESDAY 31<sup>ST</sup> MARCH**  
**10AM – 11.45AM**  
**COLCHESTER COFFEE**  
**MORNING**

Come and meet your Parent Carer Forum, Essex Family Forum. Our representatives will be there to answer questions about the work we do, to listen and to signpost you.

Share your story on our Graffiti wall and network with other SEND parents and carers.

There will be the opportunity to meet the newly appointed SEND Navigator Project Lead for Essex. The SEND Navigator is responsible for working with education, health and social care teams to produce a framework for increased support for parents. As part of their role, they will be working collaboratively with the Essex Family Forum and our Family Champions to create a comprehensive understanding of the difficulties faced by parents, families, children and young people in accessing appropriate support at the right time.

**Booking is essential**

<https://www.eventbrite.com/e/essex-family-forum-colchester-coffee-morning-tickets-98376363351>

Or contact us at: [hello@essexfamilyforum.org](mailto:hello@essexfamilyforum.org)

**North Essex**

**Colchester**

**Coffee Morning**

—  
**Meet**  
**representatives**  
**from your Parent**  
**Carer Forum**

—  
**Meet Essex**  
**County Council's**  
**Newly Appointed**  
**SEND Navigator**

—  
**Tell us your story**  
**through our**  
**Graffiti Wall**

**Venue**

Beredchurch Hall Family Hub  
The Ormiston Centre  
School Road  
Colchester  
CO2 8NN

