

Suggestions for College Independent Living Skills Activities  
Home Learning

Cold drinks

Hot drinks

Making a snack e.g. toast, microwave snack

Cooking and measuring ingredients

Cooking using utensils safely

Equipment to stay safe when cooking e.g. apron, oven gloves etc.

Cleaning using spray/ polish

Hoover

Broom/ Mop

Kitchen/ bathroom hazards

Kitchen and bathroom hygiene