

## Shorefields Parent Newsletter

### 17th December 2020

https://www.shorefields.essex.sch.uk

Tapestry—Don't forget to check your childs' tapestry to see what they have been up to and check their progress.

Should any child need to take a covid test, we have put together a social story to try and make things a little easier. Should you require a story please just let us know.

We would like to wish everyone a very Happy Christmas and enjoy your Christmas break.

#### Dates for the diary

Thursday 17th December—Last day of term— Finish at normal time

Tuesday 5th January—Return to school

#### Free School Meal Vouchers

For those parents/carers entitled to free school meals, vouchers have been ordered through WONDE & sent via email or mobile number. Please check & order your voucher for a supermarket of your choice. Please check the WONDE website if you have any problems.



Healthy Tips for this week

Increase essential fats to improve behaviour, mood, sleep and speech development of children with ASD



# The 12 Days of Christmas

Christmas activities for children under 7.



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## School Dinners – w/b 4/01/21 we will be on week 1 of the Autumn Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Spaghetti	All Day	Roast Pork,	Homemade	Omega 3
Option 1	Bolognaise	Breakfast,	Yorkshire	Chicken Pie	Fish Fingers
option 1	Served With	Sausage,	pudding,	Served With	Served With
	Garlic Bread	Egg, Bacon	Stuffing &	Mash	Chips
		& Hash	roast	Potato	
		Brown	potatoes		
Main Meal	Fishcake	Vegetarian	Cheesy	Macaroni	Sweet &
Option 2	Served With	Sausage,	beans in a	Cheese	Sour
	New Potatoes	Egg,	Yorkshire	Served With	Noodles
		Hash-	Pudding,	Garlic Bread	Served With
		brown,	Stuffing &	Slice	Spring Rolls
		Tomato	Roast		& Prawn
			Potatoes		Crackers
	Cabbage &	Baked	Peas &	Broccoli &	Spaghetti
	Mixed	beans,	Carrots	sweetcorn	hoops &
	vegetables	mushrooms			Bubble &
Vegetables					squeak
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	Marble Cake	Cheese &	Iced Sponge	Artic Roll	Chocolate
Dessert/	And Custard	Biscuits	And Custard	With A	Crunch Or
Pudding		Or Muller		Wedge Of	Fresh Fruit
		Corner		Fruit	Salad
		Yogurt			



Due to the current situation, we are unable to invite providers and external organisations in the school for our annual transition and moving on events. To ensure that our students, parents, and carers still get an opportunity to learn about future options, we have produced a Virtual Transition Event for you. We hope you enjoy discovering what services and support there is on offer and if you any questions or would like to know more please don't hesitate in contacting the provider direct, or Peter Norfolk at the school.

http://www.shorefields.essex.sch.uk/page/?title=Virtual+transition+event&pid=1065

