



Shorefields Parent Newsletter

23rd April 2021

<https://www.shorefields.essex.sch.uk>

Polite Notice, to ensure the safety of our staff, can you please ensure that you are wearing a face covering when dropping off & picking up the children, thank you.



Dates for the diary

3rd May—Bank Holiday

28th May INSET Day

31st May Half Term

7th June—Return to school

Polite reminder, if your child is sick, can you please ensure you that phone and advise the school as soon as possible. Should your child use home school transport, please remember to phone the school and not just advise the bus drivers as messages can be passed incorrectly or miscommunicated. Thank you



Clacton

Tuesday 30th July

Rave with multi-sensory light up props

Join us for a multi-sensory session with craft & colouring (optional) & refreshments.

All Ages Under 16 1pm-2.30pm £4 each session
St. Mark's Church, Lymington Avenue, Clacton, CO15 4PJ

Tuesday 30th July

Rave Wheelchair Dance

Focus on children & young people who use any kind of mobility aid or rely on a wheelchair or who have complex needs. Multi-sensory approach using props, movement & a whole lot of fun!

Social time for parents/carers with refreshments

Under 19's 3.30pm to 5pm £4 each session
Albert Edward Hall, Legerton Drive, Clacton, CO16 8BW

Tuesday 6th & 20th August

Rave with multi-sensory light up props

Join us for a multi-sensory session with craft & colouring (optional) & refreshments.

All Ages Under 16 2pm-3.30pm £4 each session
St. Mark's Church, Lymington Avenue, Clacton, CO15 4PJ

Siblings welcome to ALL sessions

PLEASE BOOK BY SUNDAY 7TH JULY

charlotte.foxley@diddidance.com 07722 605 395

www.diddidance.com

A child needs to try a new food at least 20 times before deciding whether to accept it in their selection of safe foods – don't give up too soon!



Edith Elms Special School Trust will be meeting in May, their aim is to assist parents/carers financially to obtain specialist equipment which will enhance a child's life, educationally or recreationally and is NOT available from other sources.

Bids will be considered on a termly basis and should be submitted by Friday 14th May for consideration at their meeting.

If you would like an application please inform the office staff.

Essex pedal Power

Fancy a free bike?

Essex Pedal Power can help!

Benefits:

- ✔ A free quality bike
- ✔ A chance to be more active
- ✔ Cycle to education and work
- ✔ Feel good and healthy
- ✔ Meet friends and family
- ✔ Free form of transport
- ✔ Protect the environment

What is Essex Pedal Power?

Essex Pedal Power is a new and exciting community-based project, which allows eligible residents over the age of 12 years in Clacton and Jaywick Sands to apply for a free quality bike to become more active. The pilot scheme is the first of its kind to be rolled out in Essex and will be run in phases throughout 2021/2023.

Can't ride a bike? No problem!

Essex Pedal Power will offer free lessons in a safe environment with trained professionals, at a venue near you. Free basic bike maintenance training will also be provided to ensure your bike stays in tip top condition.

This an inclusive scheme therefore specially adapted bikes will be available for those with differing needs.

How can I apply?

If you would like to find out if you are eligible for a free bike, or for more information on Essex Pedal Power, please call the team on **03330 136 330** or visit www.activeessex.org/essex-pedal-power



#EssexPedalPower





School Dinners – w/b 26/04/21 we will be on week 3 of the Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Pork & apple burger served with cubed potatoes	Chicken curry served with rice & naan bread	Roast chicken, sage & onion stuffing, yorkshire pudding & roast potatoes	Sausage pie served with mash potato	Harry Ramsdon fillet of fish served with chips
Main Meal Option 2	Tomato pasta bake	Cheese flan served with new potatoes	Cheesy beans in a Yorkshire pudding, parsnips & roast potatoes	Tuna pasta bake	Hot dog in a roll served with chips
Vegetables	Peas & carrots	Broccoli & sweetcorn	Green beans & cauliflower	Cabbage & mixed vegetables	Baked beans
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Bakewell tart & custard	Fresh fruit pots or angel delight	Lemon drizzle cake & custard	Rice pudding with chocolate or strawberry sauce	Mouse & homemade biscuit