



Shorefields Parent Newsletter

7th May 2021

<https://www.shorefields.essex.sch.uk>

Polite Notice, to ensure the safety of our staff, can you please ensure that you are wearing a face covering when dropping off & picking up the children, thank you.



Dates for the diary

28th May INSET Day

31st May Half Term

7th June—Return to school

Polite reminder, if your child is sick, can you please ensure you that phone and advise the school as soon as possible. Should your child use home school transport, please remember to phone the school and not just advise the bus drivers as messages can be passed incorrectly or miscommunicated. Thank you

Good news and successes to share from this week

A pupil in Pier who has been reluctant to share phonics sessions, joined in confidently with friends - brilliant news.

Another Pier pupil is back after a year away and loving school - so great to welcome you back.

One of our Beach pupils has managed 20 minutes of parachute activities - what a star.

Another Beach pupil enjoyed the sensory circuit so much they didn't scream once!

One of our Sunshine classes has been very busy in the garden and crafting this week - we now have cafeteria warmers, fiddle muffs & knitted mats for sale (we always need more wool if you can spare any?)

A Pier pupil has had great success with new positions on the acheeva bed - this is extremely good news.

And finally after many years of encouragement one of our Beach pupils is able to sign 'more'. Awesome!

We hope you have a great weekend.

Jen

Big thank you to everyone who donated any footballs or tennis balls, they have been well received

Healthy Eating tips for this week

Increase essential fats to improve behaviour, mood, sleep and speech development of children with ASD



MELLOW MONDAYZ

Every Monday

3:30pm- 6:00pm
Only £5 entry!

Under 13yrs

Playpalz has a session for children with disabilities & their siblings/friends. This is to allow children with additional support needs to enjoy our facilities in a quieter and calmer setting (no music or flashing lights). The session time is from 3.30pm - 6pm every Monday.

We will be closed to the general public for these sessions and the entrance fee of £5 applies to all children attending. The session will be suitable for children with additional support needs aged 13 and under

Book now

Edith Elms Special School Trust will be meeting in May, their aim is to assist parents/carers financially to obtain specialist equipment which will enhance a child's life, educationally or recreationally and is NOT available from other sources.

Bids will be considered on a termly basis and should be submitted by Friday 14th May for consideration at their meeting.

If you would like an application please inform the office staff.



Essex pedal Power

Fancy a free bike?

Essex Pedal Power can help!

Benefits:

- ✔ A free quality bike
- ✔ A chance to be more active
- ✔ Cycle to education and work
- ✔ Feel good and healthy
- ✔ Meet friends and family
- ✔ Free form of transport
- ✔ Protect the environment

What is Essex Pedal Power?

Essex Pedal Power is a new and exciting community-based project, which allows eligible residents over the age of 12 years in Clacton and Jaywick Sands to apply for a free quality bike to become more active. The pilot scheme is the first of its kind to be rolled out in Essex and will be run in phases throughout 2021/2023.

Can't ride a bike? No problem!

Essex Pedal Power will offer free lessons in a safe environment with trained professionals, at a venue near you. Free basic bike maintenance training will also be provided to ensure your bike stays in tip top condition.

This an inclusive scheme therefore specially adapted bikes will be available for those with differing needs.

How can I apply?

If you would like to find out if you are eligible for a free bike, or for more information on Essex Pedal Power, please call the team on **03330 136 330** or visit www.activeessex.org/essex-pedal-power



#EssexPedalPower





School Dinners – w/b 3/05/21 we will be on week 2 of the Summer Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Sausages served with jacket potato	Tomato pasta bake	Roast beef, parsnips, Yorkshire pudding & roast potatoes	Bacon whirls served with mash potato	Omega 3 fish fingers served with chips
Main Meal Option 2	Ham or cheese sandwich served with side salad & crisps	Southern fried chicken served with new potatoes	Cheesy beans in a Yorkshire pudding, parsnips & roast potatoes	Macaroni cheese served with garlic bread	Ham, egg & chips
Vegetables	Sweetcorn & baked beans	Broccoli & mixed vegetables	Cauliflower & green beans	Cabbage & carrots	Baked beans & bubble & squeak
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Chocolate cake with chocolate sauce	Melon, strawberry & grape pots or a choice of fruit smoothies	Fruit crumble & custard	Rice crispie squares	Blueberry muffins



Does your child or young person require specialist medical or physical equipment at home or school?

Essex Family Forum along with it's Family Champions, have worked with representatives from *Health, Education*, and *Social Care* to develop a survey to help understand families' experiences in regards to equipment. The information will inform services going forward and be used to improve outcomes for families.

We need your voice to make positive change for the future.

Survey closes 31st May 2021.

Follow the link to take the survey:

https://www.surveymonkey.co.uk/r/5SHT68K?mc_cid=d50b6c118e&mc_eid=95c5848135