



Shorefields Parent Newsletter

28th May 2021

<https://www.shorefields.essex.sch.uk>

Polite Notice, to ensure the safety of our staff, can you please ensure that you are wearing a face covering when dropping off & picking up the children, thank you.



Dates for the diary

31st May Half Term
7th June—Return to school

Polite reminder, please be mindful of the speed limit of 5mph when entering and leaving the school grounds, this is for the safety of our parents, staff and pupils who can be unpredictable. Thank you for your understanding.



Healthy Eating tips for this week

If your child has a very limited diet – check with your dietician about possible supplements



MELLOW MONDAYZ

Every Monday

3:30pm- 6:00pm
Only £5 entry!

Under 13yrs

Playpalz has a session for children with disabilities & their siblings/friends. This is to allow children with additional support needs to enjoy our facilities in a quieter and calmer setting (no music or flashing lights). The session time is from 3.30pm - 6pm every Monday.

We will be closed to the general public for these sessions and the entrance fee of £5 applies to all children attending. The session will be suitable for children with additional support needs aged 13 and under

Book now

If you would like any further information regarding payments for school trips etc, please refer to the charging, remittance and lettings policies which can be found on our website.

Free School Meal Vouchers Half Term

FSM vouchers are available again for the May half term period. Vouchers will be allocated as with previous school holidays, to eligible families via the Wonde system. For the May half term, the amount will be **£15 per eligible pupil**.

Fancy a free bike?

Essex Pedal Power can help!

Benefits:

- ✔ A free quality bike
- ✔ A chance to be more active
- ✔ Cycle to education and work
- ✔ Feel good and healthy
- ✔ Meet friends and family
- ✔ Free form of transport
- ✔ Protect the environment

What is Essex Pedal Power?

Essex Pedal Power is a new and exciting community-based project, which allows eligible residents over the age of 12 years in Clacton and Jaywick Sands to apply for a free quality bike to become more active. The pilot scheme is the first of its kind to be rolled out in Essex and will be run in phases throughout 2021/2023.

Can't ride a bike? No problem!

Essex Pedal Power will offer free lessons in a safe environment with trained professionals, at a venue near you. Free basic bike maintenance training will also be provided to ensure your bike stays in tip top condition.

This an inclusive scheme therefore specially adapted bikes will be available for those with differing needs.

How can I apply?

If you would like to find out if you are eligible for a free bike, or for more information on Essex Pedal Power, please call the team on **03330 136 330** or visit www.activeessex.org/essex-pedal-power



#EssexPedalPower





School Dinners – w/b 7/06/21 we will be on week 2 of the Summer Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Sausages served with jacket potato	Tomato pasta bake	Roast beef, yorkshire pudding & roast potatoes	Bacon whirls served with mash potato	Omega 3 fish fingers served with chips
Main Meal Option 2	Ham or cheese sandwich served with side salad & crisps	Southern fried chicken served with new potatoes	Cheesy beans in a Yorkshire pudding & roast potatoes	Macaroni cheese served with garlic bread	Ham, egg & chips
Vegetables	Sweetcorn & baked beans	Broccoli & mixed vegetables	Cauliflower & green beans	Cabbage & carrots	Baked beans & bubble & squeak
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Chocolate cake with chocolate sauce	Melon, strawberry & grape pots or a fruit ice lolly	Fruit crumble & custard	Rice krispie squares	Fruit smoothie or cheese biscuits