



Shorefields Parent Newsletter

11th June 2021

<https://www.shorefields.essex.sch.uk>

A quick reminder to all secondary aged students, please remember to continue with the twice weekly lateral flow testing.

Thank you

Dates for the diary

20th July—leavers afternoon
Last day of term 21st July—Finish at 1.30

Polite reminder, please be mindful of the speed limit of 5mph when entering and leaving the school grounds, this is for the safety of our parents, staff and pupils. Thank you for your understanding.

A huge well done to Rylei in Pier 4 for being the chosen winner of this terms Jack Petchey outstanding achiever award for settling in to his new class so well and for his amazing walking.

What a superstar



Healthy Eating tips for this week

Go as natural and healthy as you can within the restrictions set by your child. Mix some natural Greek or organic probiotic yogurt into their usual flavoured yogurt, gradually increasing the amount of the good stuff over a period of weeks.



The national School Breakfast Programme has launched its breakfast at home area on the Family Action website, where you will find lots of information and advice on providing a low cost, nutritious, daily breakfast at home.

Need some tips for a stress free and nutritious breakfast at home? See <https://www.family-action.org.uk/what-we-do/children-families/food/breakfasts/breakfast-at-home/>

Update on the beach hut



We hope to be able to let out the beach hut from the 21st June, this is of course dependant on all the restrictions being lifted on the 21st June as per government guidelines. Should this change we will let you know accordingly.

The cost of the hire is £15 per day with a maximum rental period of 3 days in a row (which would be £40).

Any bank holiday weekend plus the air show dates are limited to one day bookings only.

If you would like to make a provisional booking or have any questions, please contact a member of the office staff for a booking form.



Fingers crossed the sun will continue to shine.

Information for all Yr 10-14 Parents/carers

ACL are having a virtual open event next week, their Supported Learning courses have been created specifically for those with learning difficulties and disabilities. In this virtual information event, they will talk you through the wide range of courses they offer, and how each of their courses benefit their learners. The date for this is Friday 18th June at 1pm. To hear what they have to say and for more information click on the link below and sign up:

<https://aclessex.com/virtual-open-week/>



School Dinners – w/b 11/06/21 we will be on week 3 of the Summer Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Pork & apple burger served with cubed potatoes	Chicken curry served with rice & naan bread	Roast chicken, sage & onion stuffing, yorkshire pudding & roast potatoes	Sausage pie served with mash potato	Harry Ramsdon fillet of fish served with chips
Main Meal Option 2	Tomato pasta bake	Cheese flan served with new potatoes	Cheesy beans in a Yorkshire pudding, roast potatoes	Tuna pasta bake	Hot dog in a roll served with chips
Vegetables	Peas & carrots	Broccoli & sweetcorn	Green beans & cauliflower	Cabbage & mixed vegetables	Baked beans
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Bakewell tart & custard	Fresh fruit pots or angel delight	Lemon drizzle cake & custard	Jelly & Ice cream	Mouse & homemade biscuit