



# Shorefields Parent Newsletter

23rd September 2022

<https://www.shorefields.essex.sch.uk>

## Dates for the diary

Friday 30th September Macmillan coffee day in the Café All welcome

Friday 21st October Autumn Festival at St Pauls Church 10am all welcome

October half term—Monday 24 to Friday 28 October

## Macmillan Coffee Day Friday 30<sup>th</sup> September 2022

All welcome, if you would like to come along when your son/daughter's class will be in the café, please see the timetable below. But you are welcome anytime between 9.30 and 2.30

Please send some money with your child so they can spend this with their class visit

### Class Name

### Time

|                         |       |
|-------------------------|-------|
| Pier 1 & Sunshine 5     | 9.30  |
| Sunshine 1 & Sunshine 2 | 9.50  |
| Pier 3 & Beach 1        | 10.10 |
| Pier 2 & Sunshine 3     | 10.30 |
| Beach 3 & Sunshine 4    | 10.50 |
| Beach 2 & Sunshine 6    | 11.10 |
| Beach 4 & Beach 5       | 1.40  |
| Sunshine 7 & Sunshine 8 | 2.00  |
| Pier 4 & Pier 5         | 2.20  |

**Sponsored walk: Well done to everyone, it was a bit soggy but everyone did really well—thank you for supporting the children with your sponsor money!**

# School Dinners – w/b 26/09/22

## Week 1 of the Autumn Menu.

|                       | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|-----------------------|---|---|---|---|---|
| Main Meal<br>Option 1 | Tomato<br>pasta bake  | All day<br>breakfast,<br>sausage, egg,<br>bacon & hash<br>brown | Roast pork,<br>sage & onion<br>stuffing,<br>Yorkshire<br>pudding &<br>roast<br>potatoes | Sausage roll<br>served with<br>mash<br>potato                 | Omega 3<br>fish fingers<br>served with<br>chips |
| Main Meal<br>Option 2 | Quorn Vegan<br>Dippers<br>Served with<br>potato cro-<br>quettes | Vegetarian<br>sausage, egg,<br>hash brown,<br>tomato            | Cheesy<br>beans in a<br>Yorkshire<br>pudding,<br>stuffing &<br>roast<br>potatoes        | Macaroni<br>cheese<br>served with<br>garlic bread             | Chicken<br>burger<br>served with<br>chips       |
| Vegetables            | Mixed<br>vegetables   | Baked beans<br>&<br>mushrooms                                   | Cabbage &<br>carrots  | Broccoli &<br>sweetcorn                                       | Baked<br>beans,<br>bubble &<br>squeak           |
|                       | Salad Bar   | Salad Bar   | Salad Bar   | Salad Bar   | Salad Bar                                       |
| Dessert/<br>Pudding   | Jam sponge<br>& custard   | Fresh fruit<br>pots or angel<br>delight                         | Homemade<br>brownie<br>served with<br>ice cream   | Melon,<br>strawberry<br>& grape<br>pots of fruit,<br>smoothie | Blueberry<br>muffins                            |

# Virtual London Marathon



Ian S a TA in sunshine 4 will be running the London Marathon virtually on 2nd October, all the funds will be going to SPLASH (Shorefields PTA) if you would like to sponsor him please go to the link below

[https://www.gofundme.com/f/splash-pta?member=20321063&sharetype=teams&utm\\_campaign=p\\_na+share-sheet&utm\\_medium=copy\\_link&utm\\_source=customer](https://www.gofundme.com/f/splash-pta?member=20321063&sharetype=teams&utm_campaign=p_na+share-sheet&utm_medium=copy_link&utm_source=customer)

 **Action for Family Carers**  
Supporting Carers Across Essex

## Clacton Young Carers Club

**Free event every 3<sup>rd</sup> and 4<sup>th</sup> Friday of the Month**

Are you aged 8 to 18?      Do you care for a family member?

Food and refreshments provided      Starts Friday 16<sup>th</sup> September

### 4:30PM – 6:30PM

Please Email  
**Diana.Wood@affc.org.uk**  
Or call **07702858650**  
For more information



# **Shorefields School Coffee Morning**

in the Sunflower Cafe

**Thursday 6th October 2022**

**09.30-11.30 am (drop in)**

Shorefields school are so happy  
to have their coffee morning back again and hope that  
this will be an opportunity for you to  
meet with other parents and to be able to get  
information and advice.

We are looking forward to seeing you then!

*Angela, Leane and Lesley*



**Any questions please contact Shorefields 01255 424412**