

## Shorefields Parent Newsletter 10th March 2023

https://www.shorefields.essex.sch.uk

#### **Dates for your Diary:**

Friday 17th March This years theme is Red to Toe so we will be wearing something Red perhaps you would like to join in for a donation?

Hep B vaccine clinic—21 March

Non pupil day Monday 17 April, return to school Tuesday 18 April

May Day—Monday 1 May

Coronation Bank Holiday—Monday 8 May

RED NOSE

#### Absences for Children

If your child is absent for any reason—please call the school office directly, do not pass messages via the bus crews. Please also inform the office team in advance, if your child will be absent due to a medical appointment. Thank you

A reminder too, that if your child is off with sickness or diarrhoea they remain off school for 48 hours

#### **REMINDER—HEP B VACCINES**

Final clinic is Tuesday 21 March—you must attend with your child, class times as before but a reminder will be sent by text next week

Forward planning: Tuesday 16th May, as part of our careers week we will be having a vehicles day, if you or anyone you know has a vehicle associated with their work, who would be happy to come along for the morning, we would be happy to hear from you. Please call the school and ask for Pete Norfolk or Lesley Crowe

#### **Happy Friday Good News!**

Some of our senior students took part in a 3 day residential trip to Centre Parcs this week. A fantastic time was had by everyone and for some students this was the first time ever away from home. A big thank you to all the staff who supported the students on this trip!

Sunshine 1—one student now on stage 4 of PECs

Sunshine 6—a student had success on using the toilet

Beach 2 —one child consistently using a sentence strip and they all loved the puddles!

Pier 1—one young lady used her walking frame and turned herself and took a couple of steps.

Beach 5—One young man concentrated for 10 minutes on trying to hit a hockey puck

#### Wheels for All Tendring

#### **Exciting news for Shorefields School**

Shorefields School is delighted to partner with Wheels for All (The largest national inclusive cycling charity in the UK) to become the first ever Inclusive Cycling hub in Tendring. The school will share its cycle playground with the local community.

Shorefields will be the first ever Wheels for All hub in Tendring, recognised for providing:

- FREE regular opportunities for disabled people to experience cycling in a safe environment both out of school hours and during school hours.
- Cycle training and support for the school community and local volunteers.
- Hosting seasonal cycling related events for the whole community including a summer sportive.
- A sustainable happy hub run by a great Team.

Further details about the cycling timetable at the hub will be released in February 2023 with the intention to 'Go Live' at the start of March 2023.

- Attendance at the FREE sessions will need to be booked in advance via a simple system hosted by Wheels for
- The Wheels for All sessions will now be on <u>Wednesdays after school, rather than on Saturdays</u>, beginning in April.

If you have any questions or want to get involved as a volunteer, please contact Julie Bunnage via

Email: Julie.bunnage@wheelsforall.org.uk Phone: 07719073532

This is the first time Shorefields has opened its playground facility out of school hours specifically to provide inclusive cycling opportunities for the community. Shorefields students, families and friends will undoubtedly benefit from the regular cycling sessions and expertise that Wheels for All staff and volunteers can bring to our current offer for everyone.

We will be looking for support from individuals as Cycling Champions and volunteers to represent Shorefields School as part of this exciting partnership under the motto **#WeRideTogether**.

Future newsletters will provide regular updates on how to get involved. In the meantime please direct any enquiries to Alison

We are very excited about this new project for our students and families.

If you would like more information about the project or know someone who may be interested in volunteering to support the club, which would include free training, please see Alison or contact Julie directly.

# SPLASH EVENTS



https://www.facebook.com/events/918663172815003?ref=newsfeed



https://www.facebook.com/events/566210542103332?ref=newsfeed

#### To Book please do one of the following

- Go to the link on the Facebook page
- Email Louise splashgroup@shorefields.essex.sch.uk
- Email Lesley lesleycr@shorefields.essex.sch.uk
- Put a note in the home school book

### School Dinners – w/b 13/03/23 Week 1 of the Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Tomato	All day	Roast pork,	Sausage roll	Omega 3
Option 1	pasta bake	breakfast,	sage & onion	served with	fish fingers
·		sausage, egg,	stuffing,	mash	served with
		bacon & hash	Yorkshire	potato	chips
		brown	pudding &		
			roast		
			potatoes		
Main Meal	Quorn Vegan	Vegetarian	Cheesy	Macaroni	Chicken
Option 2	Dippers	sausage, egg,	beans in a	cheese	burger
·	Served with	hash brown,	Yorkshire	served with	served with
	potato cro-	tomato	pudding,	garlic bread	chips
	quettes		stuffing &		
			roast		
			potatoes		
	Mixed	Baked beans	Cabbage &	Broccoli &	Baked
	vegetables	&	carrots	sweetcorn	beans,
Vegetables		mushrooms			bubble &
vegetables					squeak
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	Jam sponge	Fresh fruit	Homemade	Melon,	Blueberry
Dessert/	& custard	pots or angel	brownie	strawberry	muffins
Pudding		delight	served with	& grape	
			ice cream	pots of fruit,	
				smoothie	



#### **ADULT LEARNING**

### WINTER SEND SESSIONS

All workshops run for 1 or 2 weeks and start at 10am.

Do you have, or care for child(ren) with SEND? Our parent/carer workshops can empower you to support them with their learning needs.

SEND Session Drop

Colchester & Clacton 24 & 25 Jan

Supporting Sensory Needs

Colchester & Clacton 31 Jan & 1 Feb

It's Different for Girls - ASD Anxiety & the SEND Child

Colchester & Clacton 7 & 8 Feb

Sensory Stories

Clacton 21, 22 Feb & 1 Mar Social Stories

Clacton 7 Mar

Working with School & Professionals

Colchester & Clacton 14 & 15 Mar

Colchester & Clacton 21 & 22 Mar

Sensory Play for Easter

Clacton & Colchester 28 & 29 Mar



To find out more & enrol, please visit:

ACLESSEX.COM/COMMUNITY-FAMILY-LEARNING







Are you the parent/carer or family member of a child with Special Educational Needs and Disabilities (SEND)? Do you have questions about accessing support in your area or questions about SEND support available in Essex through Health, Education and Social Care? Would you like to link up with other parents in your area?

If you do, please come along and see us at the Roadshow. There will be representatives from Essex Family Forum, SENDIASS, health, social care as well as representatives from the education teams, SEND Navigation Leads and local support groups. The roadshow is a drop-in event with no need to book

In North East it will be taking place on:

Tuesday 28th March From 9.30am to 3pm

Address: Jobserve Community Stadium, United Way, Colchester, CO4 5UP Free parking all day

Throughout the day there will also be FREE parent/carer workshops. The workshops running

- Behaviour and communication in children with SEND with Tasha from Dream Box
- ADHD and coexisting conditions with Steve Challen from ADHD plus Planning for educational transitions with Hannah Knight from Essex SEND IASS

Mindfulness with Relax Kids

Please go to the Essex Local Offer to find out more and book your place (link below). Booking opens on February 20th.

Please are limited so please sign up

In Partnership with





https://send.essex.gov.uk/i-think-my-child-needshelp/ask-professionals-questions-person