

Shorefields Parent Newsletter 17th March 2023

https://www.shorefields.essex.sch.uk

Dates for your Diary:

Hep B vaccine clinic—21 March

Non pupil day Monday 17 April, return to school Tuesday 18 April

May Day—Monday 1 May

Coronation Bank Holiday—Monday 8 May

Absences for Children

If your child is absent for any reason—please call the school office directly, do not pass messages via the bus crews. Please also inform the office team in advance, if your child will be absent due to a medical appointment. Thank you

A reminder too, that if your child is off with sickness or diarrhoea they remain off school for 48 hours

REMINDER—HEP B VACCINES

Final clinic is Tuesday 21 March—please attend with your child at the Café entrance please

Forward planning: Tuesday 16th May, as part of our careers week we will be having a vehicles day, if you or anyone you know has a vehicle associated with their work, who would be happy to come along for the morning, we would be happy to hear from you. Please call the school and ask for Pete Norfolk or Lesley Crowe

Happy Friday Good News!

Pier 1—a pupil has pointed to the toilet and used the toilet chain. One young lady has been struggling to stay in class but this week has managed most of the lessons and interacted brilliantly.

Pier 2— one pupil used a standing sling for the first time, took 2 steps and turned themselves around.

Sunshine 7—have been scientists this week and have been looking at air resistance and making their predictions

Sunshine 8—one pupil managed to walk to and from the Leisure Centre this week

Pier 5—One pupil recognised that a student had lost a hair ribbon and returned it to her.

Sunshine 5 - one pupil has been using her language better and managed to tell staff what was wrong the other day.

Sunshine 2—one pupil has managed to come into school on Ugobus transport this week

Beach 5—one student managed to find 2 items on her shopping list at Tesco's

Sunshine 3—took part in Panathlon this week, they all had a great time and came home with medals!

Sunshine 6—one pupil used the hydro pool this week and swam independently with no adult support.

Messy Church this week—Saturday 18 March 10.30—12.30 at Christ Church URC, Carnarvon Road

Messy fun for all the family, crafts, music, interactive sensory story, messy play

Lunch provided—Contact Trish Hanh 01255 483288

Future dates: 22 April, 20 May and 17 June

Wheels for All Tendring

Exciting news for Shorefields School

Shorefields School is delighted to partner with Wheels for All (The largest national inclusive cycling charity in the UK) to become the first ever Inclusive Cycling hub in Tendring. The school will share its cycle playground with the local community.

Shorefields will be the first ever Wheels for All hub in Tendring, recognised for providing:

- FREE regular opportunities for disabled people to experience cycling in a safe environment both out of school hours and during school hours.
- Cycle training and support for the school community and local volunteers.
- Hosting seasonal cycling related events for the whole community including a summer sportive.
- A sustainable happy hub run by a great Team.

Further details about the cycling timetable at the hub will be released in February 2023 with the intention to 'Go Live' at the start of March 2023.

- Attendance at the FREE sessions will need to be booked in advance via a simple system hosted by Wheels for All.
- The Wheels for All sessions will now be on <u>Wednesdays after school, rather than on Saturdays</u>, beginning in April. If you have any questions or want to get involved as a volunteer, please contact Julie Bunnage via

Email: Julie.bunnage@wheelsforall.org.uk Phone: 07719073532

This is the first time Shorefields has opened its playground facility out of school hours specifically to provide inclusive cycling opportunities for the community. Shorefields students, families and friends will undoubtedly benefit from the regular cycling sessions and expertise that Wheels for All staff and volunteers can bring to our current offer for everyone.

We will be looking for support from individuals as Cycling Champions and volunteers to represent Shorefields School as part of this exciting partnership under the motto **#WeRideTogether.**

Future newsletters will provide regular updates on how to get involved. In the meantime please direct any enquiries to Alison

We are very excited about this new project for our students and families.

If you would like more information about the project or know someone who may be interested in volunteering to support the club, which would include free training, please see Alison or contact Julie directly.

SPLASH EVENTS



https://www.facebook.com/events/918663172815003?ref=newsfeed



https://www.facebook.com/events/566210542103332?ref=newsfeed

To Book please do one of the following

- Go to the link on the Facebook page
- Email Louise splashgroup@shorefields.essex.sch.uk
- Email Lesley lesleycr@shorefields.essex.sch.uk
- Put a note in the home school book

School Dinners – w/b 20/03/23 Week 2 of the Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Homemade	Pork	Toad in the	Chicken	Omega 3
Option 1	pizza	meatballs in	hole,	curry served	fish fingers
	served with	a rich tomato	parsnips &	with rice &	served with
	seasoned	sauce served	roast	naan bread	chips
	wedges	with penne	potatoes		
		pasta			
Main Meal	Chicken	Harry	Cheesy	Homemade	Beef burger
Option 2	chunks	Ramsdon	beans in a	cheese flan	served with
Οριίοπ 2	served with	fillet served	Yorkshire	served with	chips
	seasoned	with new po-	pudding,	seasoned	
	wedges	tatoes	parsnips &	cubed	
			roast	potatoes	
			potatoes		
	Cauliflower	Cabbage &	Cauliflower &	Brocoli &	Spaghetti
	& mixed	carrots	green beans	sweetcorn	Hoops,
	vegetables				bubble &
Vegetables					squeak
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	Chocolate	Fruit Jelly &	Fruit crumble	Angel	Biscuit &
Dessert/	cake with	ice cream	& custard	delight &	milkshake
Pudding	chocolate			fruit pots	
	sauce				



Family activities include:

- & Easter Trail (All day) Explore the Sailship Gardens to find hidden clues. Easter goodies for all who take part! £1 per sheet
- Willow Weaving (12-2pm) Have a go at creating your own Easter wreath with out qualified Florist! Suggested Donation £2

 Activities MUST be booked in advance! (Bookings close Wed 29th March)

Call 07538 255387

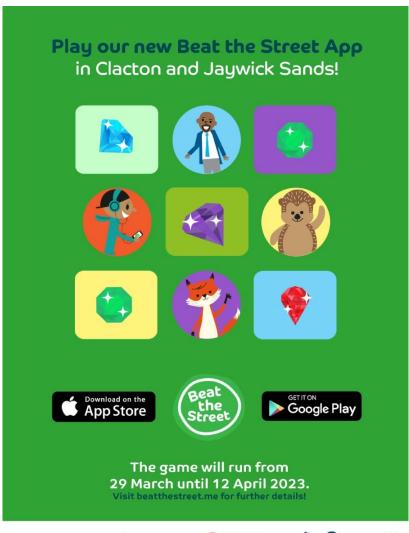
Email admin@sailship.org.uk

Or send us a message on here

https://www.facebook.com/Sailshiptrainingandlearningforlife/posts/pfbid0eTCRNp4ebVSGhH776U6TRDozDVUNBoVrmHwcCej8PKpqpwaqVZhBKp2Mt5FVdbGGl

Homemade food from our Kitchen will be available also alongside our fabulous handmade items!

REMINDER We are cash only

















Visit new places, have fun and win prizes!



Beat the Street is a free, fun, walking, cycling and wheeling game which gets children, families and communities out and about in the local area, having fun together and keeping healthy.

By playing with the app you can get access to exclusive features. Collect Gems, choose an avatar to represent you and raise the competition with our team leaderboard!

Get active outdoors and see how far you can go! There are hundreds of pounds worth of vouchers up for grabs for the top teams and individuals.

How to play

- 1. Download our new Beat the Street App via App Store or Google Play.
- Add family members and register a card to player profiles. Set up a team or join an existing one.
- 3. Use the app to find your local Beat Boxes and start collecting points! Tap the Beat Box icon on your phone and swipe to collect points!
- 4. Visit 2 Beat Boxes within an hour and collect 10 points for each Beat Box - this is 20 points for the journey.
- 5. Carry on your journey. Score 10 points for each extra Beat Box you











ADULT LEARNING

WINTER SEND SESSIONS

All workshops run for 1 or 2 weeks and start at 10am.

Do you have, or care for child(ren) with SEND? Our parent/carer workshops can empower you to support them with their learning needs.

SEND Session Drop

Colchester & Clacton 24 & 25 Jan

Supporting Sensory Needs

Colchester & Clacton 31 Jan & 1 Feb

It's Different for Girls - ASD Anxiety & the SEND Child

Colchester & Clacton 7 & 8 Feb

Sensory Stories

Clacton 21, 22 Feb & 1 Mar Social Stories

Clacton 7 Mar

Working with School & Professionals

Colchester & Clacton 14 & 15 Mar

Colchester & Clacton 21 & 22 Mar

Sensory Play for Easter

Clacton & Colchester 28 & 29 Mar



To find out more & enrol, please visit:

ACLESSEX.COM/COMMUNITY-FAMILY-LEARNING







Are you the parent/carer or family member of a child with Special Educational Needs and Disabilities (SEND)? Do you have questions about accessing support in your area or questions about SEND support available in Essex through Health, Education and Social Care? Would you like to link up with other parents in your area?

If you do, please come along and see us at the Roadshow. There will be representatives from Essex Family Forum, SENDIASS, health, social care as well as representatives from the education teams, SEND Navigation Leads and local support groups. The roadshow is a drop-in event with no need to book

In North East it will be taking place on:

Tuesday 28th March From 9.30am to 3pm

Address: Jobserve Community Stadium, United Way, Colchester, CO4 5UP Free parking all day

Throughout the day there will also be FREE parent/carer workshops. The workshops running

- Behaviour and communication in children with SEND with Tasha from Dream Box
- ADHD and coexisting conditions with Steve Challen from ADHD plus Planning for educational transitions with Hannah Knight from Essex SEND IASS

Mindfulness with Relax Kids

Please go to the Essex Local Offer to find out more and book your place (link below). Booking opens on February 20th.

Please are limited so please sign up

In Partnership with





https://send.essex.gov.uk/i-think-my-child-needshelp/ask-professionals-questions-person