

## Shorefields Parent Newsletter 31st March 2023

https://www.shorefields.essex.sch.uk

### Dates for your Diary:

Non pupil day Monday 17 April, return to school Tuesday 18 April

May Day—Monday 1 May

Coronation Bank Holiday—Monday 8 May

**Forward planning: Tuesday 16th May**, as part of our careers week we will be having a vehicles day, if you or anyone you know has a vehicle associated with their work, who would be happy to come along for the morning, we would be happy to hear from you. Please call the school and ask for Pete Norfolk or Lesley Crowe

#### **Happy Friday Good News!**

The Easter Bunny was in school on Thursday distributing Easter Eggs. Grateful thanks to Edith Elms Special School Trust for purchasing the eggs and to Morrisons who very kindly offered us a 10% discount! Eggs were also very kindly donated by the Titford Funeral Company

Sunshine 8—are taking part in the RHS Big Seed Sow this year and have distributed seeds to other classes. A student is also running a games social club at lunchtime for other students.

Pier 1—Pupil stayed for the whole music therapy session and another pupil did a wee at home.

Sunshine 6—one student independently walked the entire way to the park and back.

Sunshine 7—a student has really improved fine motor skills and drew 2 people in a tractor. Another student adores going to see Holland Hall residents and she shared her work with lots of classes.

Sunshine 2—had a lovely day at the zoo

Sunshine 5—visited Playpalz using a public bus and had a lovely time.

Beach 3—visited the Library and one student walked the whole way home.

Sunshine 4—one pupil is smashing his physio and another really improved in phonics.

Jack Petchy award winners were: Anna S and Keagan U—well done to both

Staff news—Pete Bloomfield, site manager, plays table tennis for the Clacton League—his team won the league last night (with an impressive 75% win rate!)

### First ever inclusive cycling hub in Tendring

Shorefields School opened up its playground for Wheels for All (The National Inclusive Cycling Charity for young people and disabled adults to enjoy cycling.

Julie Bunnage, Wheels for All project manager said "The partnership between Shorefields School and Wheels for All has enabled to hub to open up to local residents and are excited to offer free cycling opportunities for young people with impairments. The plan is to extend beyond the trial period into the Summer and Autumn Terms.

This week the first ever session took place with all the riders saying they had a good time. One student actually tried three different bikes before finding one he really liked. His mum was really proud because he doesn't find cycling easy to do.

Our friendly coaches are here to support each individual and to progress at their pace. If you have any questions about inclusive cycling at Wheels for All Shorefields hub, please contact Julie.bunnage@wheelsforall.org.uk

# SPLASH EVENTS



https://www.facebook.com/events/918663172815003?ref=newsfeed



https://www.facebook.com/events/566210542103332?ref=newsfeed

### To Book please do one of the following

- Go to the link on the Facebook page
- Email Louise splashgroup@shorefields.essex.sch.uk
- Email Lesley lesleycr@shorefields.essex.sch.uk
- Put a note in the home school book

### School Dinners – w/b 18/04/23 Week 1 of the Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal		All day	Roast pork,	Sausage roll	Omega 3
Option 1		breakfast,	sage & onion	served with	fish fingers
		sausage, egg,	stuffing,	mash	served with
		bacon & hash	Yorkshire	potato	chips
		brown	pudding &		
			roast		
			potatoes		
Main Meal		Vegetarian	Cheesy	Macaroni	Chicken
Option 2		sausage, egg,	beans in a	cheese	burger
Opt.011 2		hash brown,	Yorkshire	served with	served with
		tomato	pudding,	garlic bread	chips
			stuffing &		
			roast		
			potatoes		
		Baked beans	Cabbage &	Broccoli &	Baked
		&	carrots	sweetcorn	beans,
Vagatablas		mushrooms			bubble &
Vegetables					squeak
		Salad Bar	Salad Bar	Salad Bar	Salad Bar
		Fresh fruit	Homemade	Melon,	Blueberry
Dessert/		pots or angel	brownie	strawberry	muffins
Pudding		delight	served with	& grape	
J			ice cream	pots of fruit,	
				smoothie	





Easter Holiday Programme 2023

## EASTER SEND SESSIONS

QUITER SESSION | SOFTPLAY | FOOD



Tuesdays 4th & 11th April 5pm-7pm



During this programme, Essex activate are offering a

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Just as they aim to provide

SEND Hub here at Playpalz. Just as they aim to provide

within their mainstream clubs,

and within their mainstream clubs,

we will be providing a small funded session for

who require additional support

FREE FUNDED SESSIONS https://www.activeessex.org

To Book.

Follow links on Active Essex's Social Media





#### Family activities include:

- & Easter Trail (All day) Explore the Sailship Gardens to find hidden clues. Easter goodies for all who take part! £1 per sheet
- Willow Weaving (12-2pm) Have a go at creating your own Easter wreath with out qualified Florist! Suggested Donation £2

  Activities MUST be booked in advance! (Bookings close Wed 29th March)

Call 07538 255387

Email admin@sailship.org.uk

Or send us a message on here

https://www.facebook.com/Sailshiptrainingandlearningforlife/posts/pfbid0eTCRNp4ebVSGhH776U6TRDozDVUNBoVrmHwcCej8PKpqpwaqVZhBKp2Mt5FVdbGGl

Homemade food from our Kitchen will be available also alongside our fabulous handmade items!

\*\*REMINDER We are cash only\*\*



### Visit new places, have fun and win prizes!



Beat the Street is a free, fun, walking, cycling and wheeling game which gets children, families and communities out and about in the local area, having fun together and keeping healthy.

By playing with the app you can get access to exclusive features. Collect Gems, choose an avatar to represent you and raise the competition with our team leaderboard!

Get active outdoors and see how far you can go! There are hundreds of pounds worth of vouchers up for grabs for the top

### How to play

- 1. Download our new Beat the Street App via App Store or Google Play.
- Add family members and register a card to player profiles. Set up a team or join an existing one.
- Use the app to find your local Beat Boxes and start collecting points! Tap the Beat Box icon on your phone and swipe to collect points!
- 4. Visit 2 Beat Boxes within an hour and collect 10 points for each Beat Box - this is 20 points for the journey.
- 5. Carry on your journey. Score 10 points for each extra Beat Box you





Beat the Street in Clacton and Jaywick Sands is delivered in partnership with To Tendring, National Lottery and Sport England, and Intelligent Health.













### How to apply for an Essential Living Fund grant

https://www.southend.gov.uk/extra-financial-help/essential-living-fund



### **ADULT LEARNING**

## WINTER SEND SESSIONS

All workshops run for 1 or 2 weeks and start at 10am.

Do you have, or care for child(ren) with SEND? Our parent/carer workshops can empower you to support them with their learning needs.

SEND Session Drop

Colchester & Clacton 24 & 25 Jan

Supporting Sensory Needs

Colchester & Clacton 31 Jan & 1 Feb

It's Different for Girls - ASD Anxiety & the SEND Child

Colchester & Clacton 7 & 8 Feb

Sensory Stories

Clacton 21, 22 Feb & 1 Mar Social Stories

Clacton 7 Mar

Working with School & Professionals

Colchester & Clacton 14 & 15 Mar

Colchester & Clacton 21 & 22 Mar

Sensory Play for Easter

Clacton & Colchester 28 & 29 Mar



To find out more & enrol, please visit:

ACLESSEX.COM/COMMUNITY-FAMILY-LEARNING







Are you the parent/carer or family member of a child with Special Educational Needs and Disabilities (SEND)? Do you have questions about accessing support in your area or questions about SEND support available in Essex through Health, Education and Social Care? Would you like to link up with other parents in your area?

If you do, please come along and see us at the Roadshow. There will be representatives from Essex Family Forum, SENDIASS, health, social care as well as representatives from the education teams, SEND Navigation Leads and local support groups. The roadshow is a drop-in event with no need to book

In North East it will be taking place on:

Tuesday 28th March From 9.30am to 3pm

Address: Jobserve Community Stadium, United Way, Colchester, CO4 5UP Free parking all day

Throughout the day there will also be FREE parent/carer workshops. The workshops running

- Behaviour and communication in children with SEND with Tasha from Dream Box
- ADHD and coexisting conditions with Steve Challen from ADHD plus Planning for educational transitions with Hannah Knight from Essex SEND IASS Mindfulness with Relax Kids

Please go to the Essex Local Offer to find out more and book your place (link below).

Booking opens on February 20th. Please are limited so please sign up





In Partnership with

https://send.essex.gov.uk/i-think-my-child-needshelp/ask-professionals-questions-person