



Shorefields Parent Newsletter

28th April 2023

<https://www.shorefields.essex.sch.uk>

Dates for your Diary:

Coronation Bank Holiday—Monday 8 May

Friday 5th May - We are having a coronation Street/Playground party please come in dressed in Red/White/Blue

Parents are invited: please come along from 10.30 until 11.45



Classes are starting to go swimming on Thursday afternoons and the mini bus needs to drop pupils off outside the main school entrance for safety.

Could we please request that cars do not start to queue outside before 2.30pm

Immunisations will not be coming in to do Covid boosters, if you would like your son/daughter to have this you will need to contact your GP.

Happy Friday Good News!

Emma Addlington-Lee is our new sports co-ordinator and has made an awesome start!

Pete N has visited ACL with lots of our year 14 students and was very successful.

Sunshine 3—one pupil now drinks from an open cup

Beach 3—one student pedalled a bike and wore a helmet and another student independently danced and counted to 100. Another engaged for 15 mins—what a week for Beach 3!

Beach 1—doing very well with stage 3 attention bucket and one pupil did very well with PE Circuit

Beach 4—had a tobogganing trip last week and was a great success—courtesy of Jack Petchy Award

Beach 2—one student walked to the park and sea front with new reigns, loved music session and another pupil has been engaging with others in the playground.

Beach 5—one student moved home this week and managed brilliantly!

Pier 3—acknowledged and waved on the bus for first time and their salesperson skills have been developed with selling drinks in the café this week—social, maths communication skills all developed.

Sunshine 5—went to Parkers garden centre and ate a snack beautifully. Another pupil has been greeting class teacher for the first time.

Sunshine 4—went swimming for the first time—all enjoyed it but it was a little chilly! Another pupil had 45 mins in pants this week.

More good news on next page!

Good news continued....

Sunshine 2—another successful swimming trip. Brilliant copy writing this week, control and accuracy has been outstanding.

Pier 2—a pupil articulated 'both' very clearly when offered a choice of 2 and kept them on his tray

Pier 1—swimming has been brilliant for the class and one pupil moving so well, kicking, reaching and splashing! Walkers have continued to be enjoyed.

Sunshine 1—one pupil managing to stay in class for longer and beginning to join in.

Sunshine 6—smoothies and salad this term and one student even asked for the recipe to make at home.

Sunshine 8—one student has requested to do times tables this week. All loved their visit to Hasty's Farm yesterday

Tapestry

The children's Spring Reports are now on Tapestry—thank you to all those who have already seen these. If you do look at your child's Tapestry, please would you give it a 'like' so the class team know you have seen it—of course you are very welcome to add a comment!

If you have trouble accessing Tapestry, please let us know so we can help.

Tuesday 16th May, as part of our careers week we will be having a vehicles day, if you or anyone you know has a vehicle associated with their work, who would be happy to come along for the morning, we would be happy to hear from you. Please call the school and ask for Pete Norfolk or Lesley Crowe



**For Families with Children and Adults
with Additional Needs & Disabilities**

**Saturday 20th May 2023
10.30 am - 12.30 pm**

Venue - Christ Church URC, Carnarvon Rd, Clacton, CO15 6PH

Messy Fun for all the family, Parents, Siblings & Carers

Crafts, Music, Interactive Sensory Story,

Sensory Messy Play

Lunch provided

Contact Trish Hahn: 01255 483288

Facebook: Messy Church S.E.N.D. / Christ Church URC

Future dates: 17th June, 16th September, 14th October

School Dinners – w/b 01/05/23

Week 3 of the Summer Menu.

	Tuesday	Wednesday	Thursday	Friday Kings Coronation Menu
Main Meal Option 1	Spaghetti Bolognese served with garlic bread	Roast chicken, sage & onion stuffing Yorkshire pudding & roast potatoes	Pork & apple burger (no bun) served with seasoned cubed potatoes	Fish fit for a king or Royal Burger served with Golden Crown Chips and Ruby Beans
Main Meal Option 2	Fishcake served with new potatoes	Cheesy beans in a Yorkshire pudding, stuffing & roast potatoes	Macaroni Cheese served with garlic bread	
Vegetables	Broccoli & sweetcorn	Peas & carrots	Cabbage & mixed vegetables	
	Salad Bar	Salad Bar	Salad Bar	
Dessert/ Pudding	Fresh fruit pots or angel delight	Iced sponge & custard	Fruit smoothie	Crown Cookies or King Cup Cakes Strawberry Milkshake



Shorefields School Coffee Morning

in the Sunflower Cafe

Thursday 4th May 2023

09.30-11.30 am (drop in)

Shorefields school are hoping that this will be an opportunity for you to meet with other parents and to be able to get information and advice. We will be joined by:



Our in house PTA group who are coming to explain what they do and what they can offer. They are also looking for new Shorefields parents to join Splash.

If you are interested but unable to attend please let us know and we can send an application.

Any questions please contact Shorefields 01255 424412

Or email: splashgroup@shorefields.essex.sch.uk

CLACTON CLUB

Every Wednesday
from 6:30-8:30pm
at Green Lodge, Old Road,
CO15 3AY



This club is for young people aged 15-18 years old with special educational needs. Every Wednesday our young people enjoy a mixture of centre based activities, workshops and trips out into the community, placing an emphasis on their transition into their adult lives.

To find our more about InterAct and how to register please visit:
www.interact.org.uk

Email:
youngpeopleteam@interact.org.uk

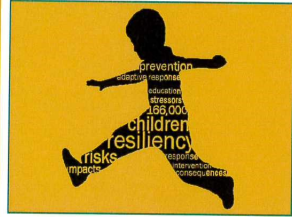


Developing Resilience and Wellbeing A FREE four week course for Parents/Carers of children (0-19) SEN&D/Emotional difficulties

Resilience Training

Introducing the idea of building resilience (managing the daily family pressures and stress), and using what we know, can help children and ourselves to bounce back when life is particularly tough.

Resilience is the ability to withstand and recover from stressful life challenges, strengthened and more resourceful. The course focuses on what it means to be a parent of a child/children and the particular challenges the family may face on a daily basis



"I enjoyed learning about meeting and knowing my basic needs, resilience in a meeting – learnt skills to have a positive attitude. To put into action all that I have learnt on the course" (Parent comment)

The course aims to build parents' resilience, so they are well placed to enjoy their journey bringing up their children:

- Share and explore their travels so far
- Take note of and celebrate the skills they have acquired along the way
- Map their needs in preparation for the next adventure
- Practise and rehearse possible strategies for building their skills and strengthening their resolve to journey on

Course details

Dates: 30 June 7 14 21 July 2023

Times: 10:00 to 13:30

Venue: Jaywick Community Resource Centre, Brooklands Gardens, Jaywick, Clacton-on-Sea CO15 2JS

For more information, or to book:

Contact EXTRA on 01255 475001 or email admin@extrasupportforfamilies.co.uk or link to book: <https://interactchelmsford.wufoo.com/forms/z1u3p2l31fotsrw/>



InterAct, Charity Registration No: 1048631 Company Registration Number: 3087233

Date:
Thursday 4th May 2023

Time:
10:30am – 5pm
Drop In Event

Venue:
One Colchester Hub,
4-6 Long Wyre St,
CO1 1LH

Start Well Marketplace

Working together and thinking differently to give children, young people and their families and carers the best start in life.



You're invited to join us and...

- Meet and collaborate with peers working across the health and care system in Colchester and Tendring.
- Learn more about current services and projects available.
- Connect with others to benefit you and your colleagues as well as the children, young people and their families and carers you support, communicate and interact with.
- Take away relevant and up to date contact details, referral forms, signposting information and resources.
- Make a difference within your local communities.

Book your free place now: [Eventbrite Link!](#)

InterAct

CLACTON CLUB

THURSDAY
FROM 6-8PM

AT BAPTIST CHURCH, 117 PIER AVENUE,
CO15 1NJ

FOR 8-14 YEAR OLDS WITH SPECIAL
EDUCATIONAL NEEDS & DISABILITIES (SEND)

These monthly clubs will allow young people with SEND from the ages of 8-14 to get together, hang out and have some fun. The club will be centred-based and will offer a variety of activities each week, from games to crafts to cooking, and lots more!

To find our more about InterAct and
how to register please visit:

www.interact.org.uk

Email:

youngpeopleteam@interact.org.uk

InterAct

COLCHESTER CLUB

MONDAY

FROM 6:30-8:30PM

AT COPFORD VILLAGE HALL,
COLCHESTER, CO6 1BX

FOR 8-14 YEAR OLDS WITH SPECIAL
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InterAct

Helping others to help themselves

COLCHESTER CLUB

Every Tuesday
from 6:30-8:30pm
at Stanway Youth Centre,
Winstree Road, CO3 0QA



This club is for young people aged 15-18 years old with special educational needs/disabilities. Every Tuesday our young people enjoy a mixture of centre based activities, workshops and trips out into the community, placing an emphasis on their transition into their adult lives.

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Summer Club

Based at the "Little Explorers" Pre-School at
Greenstead Community Centre, CO4 3QE

10am-3pm

£35 per day
(Ask for 1:1/2:1 rate)

4 - 11 years



Running from Monday 31st July until
Friday 25th August 2023

Drinks &
Snacks
provided
(Bring own
Lunch)

Exercise,
Education &
Safe!

Fully inclusive

To book contact:
kerryaustin@ktmcare.co.uk
07919 522341

All Staff DBS
checked,
Fully trained
and able to
support
ALL children



Care Service for All—Specialists in Autism