



# Shorefields Parent Newsletter

19th May 2023

<https://www.shorefields.essex.sch.uk>

## Dates for your Diary:

Half term 26th May—2nd June

## Happy Friday Good News!

We are very pleased to inform you all that Ryan Bruce will be our new Assistant Headteacher from September.

Thank you so much to Pete N for organising Careers Week—please see over for Pete's information on what has been happening in school this week!

Filming day on Monday went brilliantly.

PE—Penathlon in Chelmsford with lots of students—they came 4th!

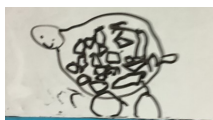
Beach 3—one pupil can now ride a trike independently.

Beach 1—One pupil shared his toy without prompting

Beach 4—one student travelling with PECS book to make requests

Pier 5—student tolerating her gaiters very well

Sunshine 2—one pupil has become an artist drawing characters from our story—crab and turtle



Sunshine 5—Butterfly release day went very well, pupil demonstrated good water safety awareness

Beach 5—lovely to welcome one of the students back

Beach 2—One pupil has interacted beautifully with other pupils

Pier 3—sensory boxes—Beauty and pet care have been thoroughly enjoyed

Sunshine 4—Careers week has been brilliant

Sunshine 3—one of our pupils has expressed their affection for another pupil this week in a lovely manner

Sunshine 1—one pupil recognised all his numbers from 1-10

Pier 2—Using the pet sensory box, one pupil treated the toy dog with utter care and sensitivity

Pier 1—Sensory story, 'CJ Cat visits David the Dog' pupils are loving it—especially Jo's sound effects!!

Sunshine 8—Listened to 2 hours of Provider talks for Careers week

Sunshine 7—a lovely multi school council trip with some pupils who did very well.

*It was Careers week at Shorefields this week. Classes have had the opportunity to participate in a wide range of careers related activities.*

*On Monday, students explored the schools' sensory careers boxes. These included Gardening, Circus, Coffee Shop, and Photography amongst others. A special thank you to Sharon Sales for all her hard work crocheting a vast array of beef burgers, chicken nuggets, chips and Donuts for the McDonald's careers box.*

*Tuesday saw the return of our ever-popular event, "Professional Vehicles Day". This year students had a chance to interact with a police car, Lorry, ambulance, race car, ice cream van, double-decker bus, recovery truck, a brand-new electric Tesco's delivery van and even a HMRC enforcement mobile office!!*

*A big thank you to all the wonderful people and businesses who gave up their time to be at the event. As always, the students had the best time and received so much practical learning during the event.*

*We decided to go one step further on Wednesday by inviting a range of professionals to come in and share what they do in sensory interactions in the sports hall. Students had the opportunity to interact with Builders, a Beautician, Florist and a Baker. We had some truly wonderful moments during the morning, and I can't wait to make this event even bigger in the future.*

*A massive thank you to all the professionals who came in and gave our students such a special morning.*

*On Thursday morning Sunshine 8 and all parents and carers of students in year 9 and above had the opportunity to hear presentations from six local 19+ provisions. These included: ECL, Jenny's, Sail Ship, Acorn Village, ACL and Bright Lives. This was a very informative and entertaining morning for all those who attended.*

*If you would like to know more about these and other local provisions, checkout the schools "Moving on and Transitions Directory" on our website by following the link below.*

*<https://www.shorefields.essex.sch.uk/attachments/download.asp?file=485&type=pdf>*

*Rounding off the week on Friday, we had a very special visit from "Little City" which is an entirely mobile role play City for students to explore and enjoy. Utilising their bespoke backdrops and specially selected high-quality toys and equipment, they can fully immerse themselves in their own world of work environments.*

*As well as all the things listed above, I have also had feedback from classes telling me that they have been participating in many other careers related learning activities. These include CV writing, mock interviews, role play, dressing up and exploring dream jobs.*

*I really hope that the students have enjoyed every activity this week. Thank you to every staff member and professional who made these events possible. A very special thank you to Lesley and Leane for going above and beyond. Without them this week wouldn't have been possible.*

*Peter Norfolk*

Classes going swimming on Thursday afternoons and the mini bus needs to drop pupils off outside the main school entrance for safety.

Could we please request that cars do not start to queue outside before 2.30pm



# Transitions

## Early Years to Primary Transition

**North Essex parent carer online workshop  
Wednesday 17 May. 10am to 12 noon**

**Topics include:**

**What you can expect from your nursery and school – including planning, communication, access to funding, reasonable adjustments**

**What support is available – from both statutory and community based services**

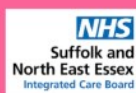
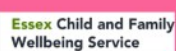
**What you can do yourself – to build confidence, resilience, and trust  
Q&A with an experienced Family Support Advisor who is also a SEND Parent**

### **BOOKING ESSENTIAL**

Contact 01245 353 575 or email [helpline@fifessex.org.uk](mailto:helpline@fifessex.org.uk)

Due to funding, this session is for families living in North Essex caring for a child with a neurodiverse condition. Depending on interest we will be operating a waiting list for parent carers outside the area.

**In collaboration with the following:**



School Dinners – w/b 22/05/23

Week 3 of the Summer Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Jacket Potato sausages, cheese & beans	Spaghetti Bolognese served with garlic bread	Roast chicken, sage & onion stuffing Yorkshire pudding & roast potatoes	Bacon whirls served with seasoned cubed potatoes	Omega 3 fish fingers served with chips
Main Meal Option 2	Tomato pasta bake	Cheese flan served with new potatoes	Cheesy beans in a Yorkshire pudding, stuffing & roast potatoes	Tuna pasta bake	Beef burger served with chips
Vegetables	Cauliflower & Mixed Vegetables	Broccoli & sweetcorn	Cabbage & carrots	Mixed vegetables	Baked beans
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Chocolate cake & chocolate sauce	Melon, Strawberry & grape pots or fruit smoothie	Carrot cake & custard	Jelly & ice cream	Rice krispie slice



## For Families with Children and Adults with Additional Needs & Disabilities

Saturday 20<sup>th</sup> May 2023  
10.30 am – 12.30 pm

Venue – Christ Church URC, Carnarvon Rd, Clacton, CO15 6PH

Messy Fun for all the family, Parents, Siblings & Carers  
Crafts, Music, Interactive Sensory Story,  
Sensory Messy Play  
Lunch provided

Contact Trish Hahn: 01255 483288

Facebook: Messy Church S.E.N.D. / Christ Church URC

Future dates: 17<sup>th</sup> June, 16<sup>th</sup> September, 14<sup>th</sup> October

**InterAct**  
Helping others to help themselves

# CLACTON CLUB

Every Wednesday  
from 6:30-8:30pm  
at Green Lodge, Old Road,  
CO15 3AY



This club is for young people aged 15-18 years old with special educational needs. Every Wednesday our young people enjoy a mixture of centre based activities, workshops and trips out into the community, placing an emphasis on their transition into their adult lives.

To find out more about InterAct and how to register please visit:  
[www.interact.org.uk](http://www.interact.org.uk)  
Email: [youngpeopleteam@interact.org.uk](mailto:youngpeopleteam@interact.org.uk)



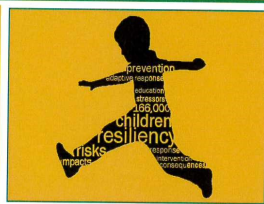
# InterAct

Funded by



## Developing Resilience and Wellbeing A FREE four week course for Parents/Carers of children (0-19) SEN&D/Emotional difficulties

**Resilience Training**  
Introducing the idea of building resilience (managing the daily family pressures and stress), and using what we know, can help children and ourselves to bounce back when life is particularly tough.  
Resilience is the ability to withstand and recover from stressful life challenges, strengthened and more resourceful. The course focuses on what it means to be a parent of a child/children and the particular challenges the family may face on a daily basis



The course aims to build parents' resilience, so they are well placed to enjoy their journey bringing up their children:

- Share and explore their travels so far
- Take note of and celebrate the skills they have acquired along the way
- Map their needs in preparation for the next adventure
- Practise and rehearse possible strategies for building their skills and strengthening their resolve to journey on

"I enjoyed learning about meeting and knowing my basic needs, resilience in a meeting – learnt skills to have a positive attitude. To put into action all that I have learnt on the course" (Parent comment)

**Course details**  
Dates: 30 June 7 14 21 July 2023  
Times: 10:00 to 13:30  
Venue: Jaywick Community Resource Centre, Brooklands Gardens, Jaywick, Clacton-on-Sea CO15 2IS

For more information, or to book:  
Contact EXTRA on 01255 475001 or [emailadmin@extrasupportforfamilies.co.uk](mailto:emailadmin@extrasupportforfamilies.co.uk) or link to book:  
<https://interactchelmsford.wufoo.com/forms/z1u3p2i31fotsrw/>



# InterAct

## CLACTON CLUB

THURSDAY  
FROM 6-8PM

AT BAPTIST CHURCH, 117 PIER AVENUE,  
CO15 1NJ

FOR 8-14 YEAR OLDS WITH SPECIAL  
EDUCATIONAL NEEDS & DISABILITIES (SEND)

These monthly clubs will allow young people with SEND from the ages of 8-14 to get together, hang out and have some fun. The club will be centred-based and will offer a variety of activities each week, from games to crafts to cooking, and lots more!

To find out more about InterAct and  
how to register please visit:

[www.interact.org.uk](http://www.interact.org.uk)

Email:

[youngpeopleteam@interact.org.uk](mailto:youngpeopleteam@interact.org.uk)

# InterAct

## COLCHESTER CLUB

MONDAY

FROM 6:30-8:30PM

AT COPFORD VILLAGE HALL,  
COLCHESTER, CO6 1BX

FOR 8-14 YEAR OLDS WITH SPECIAL  
EDUCATIONAL NEEDS & DISABILITIES (SEND)

These monthly clubs will allow young people with SEND from the ages of 8-14 to get together, hang out and have some fun. The club will be centred-based and will offer a variety of activities each week, from games to crafts to cooking, and lots more!

To find out more about InterAct and  
how to register please visit:

[www.interact.org.uk](http://www.interact.org.uk)

Email:

[youngpeopleteam@interact.org.uk](mailto:youngpeopleteam@interact.org.uk)

# InterAct

Helping others to help themselves

## COLCHESTER CLUB

Every Tuesday  
from 6:30-8:30pm  
at Stanway Youth Centre,  
Winstree Road, CO3 0QA



This club is for young people aged 15-18 years old with special educational needs/disabilities. Every Tuesday our young people enjoy a mixture of centre based activities, workshops and trips out into the community, placing an emphasis on their transition into their adult lives.

To find out more about InterAct and  
how to register please visit:

[www.interact.org.uk](http://www.interact.org.uk)

Email:

[youngpeopleteam@interact.org.uk](mailto:youngpeopleteam@interact.org.uk)



# Upcoming EVENTS



**21ST  
MAY**

**SEN SCHOOL DISCO**

**2-4PM**

GREENSTEAD SOCIAL CLUB  
BLACKTHORN AVENUE, CO4 3QD

**£2 PER CHILD (INCLUDES FREE SQUASH & WATER)  
TWO FREE CARERS, ADDITIONAL ADULTS £1**



**3RD  
JUNE**

**PRIVATE HIRE OF LEISURE WORLD  
SWIMMING POOL**

**6:30-8:30PM**

COWDRY AVENUE, CO1 1YH

**£7.50 PER PERSON**

**CHILDREN UNDER 8 OR NON SWIMMERS MUST BE  
ACCOMPANIED BY AN ADULT OVER 18 AT A RATIO  
OF A MAXIMUM OF 2 CHILDREN PER ADULT**

**TICKETS WILL BE AVAILABLE FROM TUESDAY 28TH  
FEBURARY AT [WWW.LEXDENSPPRINGSAPPEALFUND.CO.UK](http://WWW.LEXDENSPPRINGSAPPEALFUND.CO.UK)**

# Summer Club

Based at the "Little Explorers" Pre-School at  
Greenstead Community Centre, CO4 3QE

10am-3pm

£35 per day  
(Ask for 1:1/2:1 rate)

4 - 11 years



Running from Monday 31st July until  
Friday 25th August 2023

Drinks &  
Snacks  
provided  
(Bring own  
Lunch)

Fully inclusive

Exercise,  
Education &  
Safe!

To book contact:  
[kerryaustin@ktmcare.co.uk](mailto:kerryaustin@ktmcare.co.uk)  
07919 522341

All Staff DBS  
checked,  
Fully trained  
and able to  
support  
ALL children



Care Service for All—Specialists in Autism