



Shorefields Parent Newsletter

26th May 2023

<https://www.shorefields.essex.sch.uk>

Dates for your Diary:

Half term 26th May—2nd June

9 June—dress up day for a donation of a bottle for the summer fete, 7 July

Non pupil Day June 30

Free School Meal Vouchers

For those on Free School Meals, vouchers have been issued this week for the half term holiday.

If you are not sure if you are entitled to free school meals, please speak to Lynda or Sarah in the office for information or look at Essex County Council, Free School Meals for details and an application form

Happy Friday Good News!

Harwich Coffee Morning—great turnout and it was lovely to see everyone!

Pier 1— one pupil in storytime was handed a prop and he shook it and handed it back without prompting

Pier 2—whole class trip to the playground and had great fun on the bikes

Sunshine 4—visited the pirate soft play and loved it!

Beach 2—one pupil now wearing pants all the time

Beach 5—one student has been greeting staff beautifully and reading their badges

Sunshine 5—one pupil speaking really nicely and using her voice independently

Pier 5—one student enjoyed her visit to Acorn Village and another student is responding to environmental cues very well

Beach 4—enjoying skills for tennis on the muga pitch

Beach 1—great use of PECs—requesting toys, one pupil searched for slime and light toy choice

Beach 3—one pupil has eaten a hot meal for 2 weeks in a row! (and used a core board to say 'tomato was yucky!')

Sunshine 3—one pupil found his face on 'Hello' board and all had a lovely visit on the bus to Walton

Sunshine 8—Introduced a student to a robot and is now using simple programming for next step.

Sunshine 6—one student using chatterboard app to make requests brilliantly.

Pier 4—One student enjoying moving around on the floor lots, which is great to see

Sunshine 2—one pupil wrote numbers to 20 and then pretended to be teacher and Jackie, class teacher, the student!!

Sunshine 7—all have been brilliant gardeners. One student dressed in Chefs outfit for cookery for entire lesson.

School Dinners – w/b 5.6.23
Week 1 of the Summer Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Cornish Pasty Served with mash potato	All day breakfast, sausage, egg, bacon & hash brown	Roast pork, sage & onion stuffing, Yorkshire pudding & roast potatoes	Chicken fillet served with Bombay potato	Omega 3 fish fingers served with chips
Main Meal Option 2	Tomato pasta bake	Vegetarian sausage, egg, hash brown, tomato	Cheesy beans in a Yorkshire pudding, stuffing & roast potatoes	Macaroni cheese served with garlic bread	Chicken burger served with chips
Vegetables	Mixed vegetables	Baked beans & mushrooms	Cabbage & carrots	Broccoli & sweetcorn	Baked beans, bubble & squeak
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Banana cake & custard	Fresh fruit pots or angel delight	Fruit crumble & custard	Raspberry ripple or chocolate mousse with homemade biscuit	Lemon drizzle cake



Wheels for All

Come and enjoy our cycling taster day

Lighthouse Sport & Social Hub, Dovercourt, CO12 3ST



Everyone rides free
Helmets provided

Tuesday 13th June
11am-6pm
FREE EVENT

We have cycles to match every need - come down and enjoy riding!
Get in touch with Julie to book on or for more information:
email: julie.bunnage@wheelsforall.org.uk
Tel: 07719073532



Diagnostic Service

For children and adults seeking a diagnosis of Autism Spectrum Disorder

- » Specialised gold standard autism assessment adhering to NICE guidelines
- » Comprehensive screening service with breakdown of results
- » Pre and post-diagnostic support specialising in education and welfare rights
- » Detailed report including recommendations
- » Person-centred and friendly team with lived experience
- » Part of the NHS Choice Framework for adults

Our Diagnostic Pathway



Diagnostics
59 North Hill, Colchester, Essex, CO1
We are located on the ground floor of our Head Office in central Colchester.
Our aim is to provide a calm experience for assessments.

As an independent service, charges will apply unless referred via NHS. The amount will be explained in the welcome pack. Please contact us for more information.
T: 01206 216476
E: diagnostics@autism-anglia.org.uk

InterAct

Helping others to help themselves

CLACTON CLUB

Every Wednesday
from 6:30-8:30pm
at Green Lodge, Old Road,
CO15 3AY



This club is for young people aged 15-18 years old with special educational needs. Every Wednesday our young people enjoy a mixture of centre based activities, workshops and trips out into the community, placing an emphasis on their transition into their adult lives.

To find out more about InterAct and how to register please visit:
www.interact.org.uk

Email: youngpeopleteam@interact.org.uk



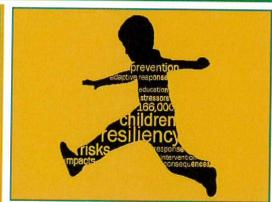
InterAct

Funded by



Developing Resilience and Wellbeing
A FREE four week course for Parents/Carers of children (0-19) SEN&D/Emotional difficulties

Resilience Training
Introducing the idea of building resilience (managing the daily family pressures and stress), and using what we know, can help children and ourselves to bounce back when life is particularly tough.
Resilience is the ability to withstand and recover from stressful life challenges, strengthened and more resourceful. The course focuses on what it means to be a parent of a child/children and the particular challenges the family may face on a daily basis



The course aims to build parents' resilience, so they are well placed to enjoy their journey bringing up their children:

- Share and explore their travels so far
- Take note of and celebrate the skills they have acquired along the way
- Map their needs in preparation for the next adventure
- Practise and rehearse possible strategies for building their skills and strengthening their resolve to journey on

"I enjoyed learning about meeting and knowing my basic needs, resilience in a meeting – learnt skills to have a positive attitude. To put into action all that I have learnt on the course" (Parent comment)

Course details
Dates: 30 June 7 14 21 July 2023
Times: 10:00 to 13:30
Venue: Jaywick Community Resource Centre, Brooklands Gardens, Jaywick, Clacton-on-Sea CO15 2JS

For more information, or to book:
Contact EXTRA on 01255 475001 or emailadmin@extrasupportforfamilies.co.uk or link to book:
<https://interactchelmsford.wufoo.com/forms/z1u3p2i31fotsrw/>



InterAct, Charity Registration No: 1048631 Company Registration Number: 3087233

GEORGE THE BOOKWORM PRESENTS

TELLING TALES

A Children's Storytelling Festival

STORYTELLING ✦ MAGIC ✦ SPOKEN WORD ✦ CRAFT WORKSHOP

30th May • Frinton Library • 10.30am + 2.00pm	2nd June • Harwich Library • 10.30am + 2.00pm
31st May • Walton Library • 10.30am + 2.00pm	3rd June • Manningtree Library • 10.30am + 2.00pm
1st June • Clacton Library • 10.30am + 2.00pm	10th June • Brightlingsea Library • 10.30 + 2.00pm

All events are **FREE** but tickets must be booked in advance.
 For more information and tickets, please visit:
www.lemmingstheatre.com/tellingtales

A Lemmings Theatre Production

MAY HALF TERM DEAL

TUES 30TH MAY - FRI 2ND JUNE

ONLY
£1
 ENTRY

ALL AGES
 0YRS-99YRS
 SAME PRICE!



InterAct

CLACTON CLUB

THURSDAY
FROM 6-8PM

AT BAPTIST CHURCH, 117 PIER AVENUE,
CO15 1NJ

FOR 8-14 YEAR OLDS WITH SPECIAL
EDUCATIONAL NEEDS & DISABILITIES (SEND)

These monthly clubs will allow young people with SEND from the ages of 8-14 to get together, hang out and have some fun. The club will be centred-based and will offer a variety of activities each week, from games to crafts to cooking, and lots more!

To find our more about InterAct and
how to register please visit:

www.interact.org.uk

Email:

youngpeopleteam@interact.org.uk



InterAct

COLCHESTER CLUB

MONDAY
FROM 6:30-8:30PM

AT COPFORD VILLAGE HALL,
COLCHESTER, CO6 1BX

FOR 8-14 YEAR OLDS WITH SPECIAL
EDUCATIONAL NEEDS & DISABILITIES (SEND)

These monthly clubs will allow young people with SEND from the ages of 8-14 to get together, hang out and have some fun. The club will be centred-based and will offer a variety of activities each week, from games to crafts to cooking, and lots more!

To find our more about InterAct and
how to register please visit:

www.interact.org.uk

Email:

youngpeopleteam@interact.org.uk

InterAct

Helping others to help themselves

COLCHESTER CLUB

Every Tuesday
from 6:30-8:30pm
at Stanway Youth Centre,
Winstree Road, CO3 0QA



This club is for young people aged 15-18 years old with special educational needs/disabilities. Every Tuesday our young people enjoy a mixture of centre based activities, workshops and trips out into the community, placing an emphasis on their transition into their adult lives.

To find our more about InterAct and
how to register please visit:

www.interact.org.uk

Email:

youngpeopleteam@interact.org.uk



Summer Club

Based at the "Little Explorers" Pre-School at
Greenstead Community Centre, CO4 3QE

10am-3pm

£35 per day
(Ask for 1:1/2:1 rate)

4 - 11 years



Running from Monday 31st July until
Friday 25th August 2023

Drinks &
Snacks
provided
(Bring own
Lunch)

Exercise,
Education &
Safe!

Fully inclusive

To book contact:
kerryaustin@ktmcare.co.uk
07919 522341

All Staff DBS
checked,
Fully trained
and able to
support
ALL children



Care Service for All—Specialists in Autism



Upcoming EVENTS



**21ST
MAY**

SEN SCHOOL DISCO

2-4PM

GREENSTEAD SOCIAL CLUB
BLACKTHORN AVENUE, CO4 3QD

**£2 PER CHILD (INCLUDES FREE SQUASH & WATER)
TWO FREE CARERS, ADDITIONAL ADULTS £1**



**3RD
JUNE**

**PRIVATE HIRE OF LEISURE WORLD
SWIMMING POOL**

6:30-8:30PM

COWDRY AVENUE, CO1 1YH

£7.50 PER PERSON

**CHILDREN UNDER 8 OR NON SWIMMERS MUST BE
ACCOMPANIED BY AN ADULT OVER 18 AT A RATIO
OF A MAXIMUM OF 2 CHILDREN PER ADULT**

**TICKETS WILL BE AVAILABLE FROM TUESDAY 28TH
FEBURARY AT WWW.LEXDENSPPRINGSAPPEALFUND.CO.UK**