



# Shorefields Parent Newsletter

6 October 2023

<https://www.shorefields.essex.sch.uk>

## Dates for your Diary:

10th Oct—World Mental health day

12th Oct—Coffee Morning for those living in Harwich

19th Oct—Autumn Festival at St. Pauls 10.30—11.30 All welcome

A big thank you to all that contributed to our MacMillan coffee morning we raised an amazing £222.02

For World Mental Health Day on Tuesday 10<sup>th</sup> October 2023, if anyone would like to wear something Green on that day and if possible bring in a donation to the mental health foundation



## Happy Friday Good News—

A new pupil has done so well at starting in Sunshine 5—we are so proud of him.

Pier 3—one pupil, who has been a very picky eater, managed a variety of snacks. One pupil went on the trampoline for the first time.

Sunshine 1 and Beach 1—adored on site swimming with the new swimming teacher, Nicky.

Pier 1—a new pupil is handing props to friends and she is trying to verbalise and another pupil is settling in brilliantly. Another pupil enjoyed music therapy

Pier 2—one pupil is using new walker (backwards) brilliantly

Sunshine 7—Brilliant morning at Yara Farm—bug hotel and gardening. Another student is speaking very well.

Sunshine 6—multi school council meeting was attended by Sunshine 6 and 7 students and were showed patience and calmness

Sunshine 8—one student attended the Leisure Centre very well

Beach 5—one student has been amazing in spite of an increase in seizures

Beach 2—enjoyed a visit to the park and one pupil and one pupil stayed in soft play for the whole session

More good news....

Beach 1 and 2—had a great PE lesson with 2 busy pupils enjoying the whole lesson

Sunshine 2—loved the new smartboards—art works and operating it with powerpoints

Pier 4—one student has finally settled into his new class, eating well and accepting splints and was a superstar with physio.

Beach 3—one pupil verbalised picture in a book and another made a 'roar' like a dinosaur

Sunshine 3—great visit to the Naze and all walked 5 flights of stairs!!

Sunshine 4—one pupil doing very well with toileting

Beach 4—one student has done a super drawing of the pupils in class



**Open Day**  
19th of October  
2023  
11am to 8pm

**CoCoCare's  
Autumn Open Day**

Come along to our open day event this October, discover our programme of workshops, take a look around our displays and our premises, meet staff and customers. There will be activities running throughout the day and refreshments available.

Those who cannot attend our open day may book an appointment between 16th to 20th of October, between 10am and 5pm for a tour.

Schools/Colleges can also book a class visit within the week of our open day.

info@cococare.co.uk  
**01206 912021**



# School Dinners – w/b 09.10.23

## Week 3 of the Autumn Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Pork & Apple burger with Potato Puffs	Sausage Roll & Wedges	Roast chicken, sage & onion stuffing Yorkshire pudding & roast potatoes	Spaghetti Bolognaise	Omega 3 fish fingers & Chips
Main Meal Option 2	Tomato pasta bake	Quorn Dippers served with new potatoes	Cheesy beans in a Yorkshire pudding, sage & onion stuffing & roast potatoes	Mac and cheese	Ham, egg & chips
Vegetables	Mixed Vegetables	Cabbage & carrots	Cauliflower & mixed vegetables	Broccoli & sweetcorn	Spaghetti hoops
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Jam sponge & custard	Fresh fruit pots or angel delight	Plum pudding & custard	Fruit smoothie	Home made muffin





Hello everyone,

As you may or may not be aware, SPLASH is the school PTA and help with the funding of class budgets, required items and days out for the children of Shorefields.

We have a nice group of parents on the PTA but we are always open to any new parents who would wish to be involved and help.

Over the next 12 months we have been able to private hire a session each month with amazing activities which will be held on a Sunday afternoon. Dates will be given for each month on the newsletter and on our dedicated Facebook page <https://www.facebook.com/SPLASHPTA>

Booking is essential as we limit the number of spaces available to keep the room as free as possible for all our children to enjoy.

We are also very keen to look at hiring other places and holding other events so any suggestions you may have please do let us know. This can be done via school or messaging the splash page or myself directly on either Facebook or email. My email is [Lbennison89@gmail.com](mailto:Lbennison89@gmail.com).

We will try to start our bingo and quiz night again this year and will hopefully be able to get some dates sorted soon for you to pencil in.

We wish you a great start to the new term and feel free to contact us at any time you would like.

Best Wishes,

Louise and all the splash team.

*Clubs  
& Activities*

Saturday Football  
teams

Saturday Musical  
Theatre

Performance  
opportunities

Residentials

School holiday  
dance  
workshops

Weekly pub nights



# PROJECT|21

Activities, clubs and events for people with  
Down's Syndrome



CAMBRIDGE  
COLCHESTER  
IPSWICH



*Get in touch*

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