



Shorefields Parent Newsletter

20 October 2023

<https://www.shorefields.essex.sch.uk>

Dates for your Diary:

Half term Monday 23—Friday 27 October

Return to school Monday 30 October

Please could we remind parents and carers that this is a non smoking/vaping site

Happy Friday Good News—Thank you to Hannah for organising the Drumming Workshop—everyone loved it!

And a massive thank you to the staff who have 'stepped up' whilst we have been short staffed this term.

Pete N—Speakers for Schools Success—we have been paired with Essex Police and had a visit from Acorn Village—they have complimented our lovely pupils and staff

Pier 1—one pupil is now 'Queen of Music Therapy', kept arm down for goodbye, another pupil lifted left leg to express choosing own picture and improved arm control in music

Pier 3—One pupil had a wonderful music session with a violin and stayed in church for Harvest.

Sunshine 1—Harvest Festival was such a success, pupils walked there and stayed.

Sunshine 8—loved staying at Harvest, most of the service in the aisle.

Sunshine 5—independent toilet use and all enjoyed harvest. One new pupil doing well trying new foods.

Sunshine 7—Proudly showed pumpkins that they had grown at Harvest

Beach 3—one student doing very well with sensory integration sessions

Pier 5—one student especially loved the drumming workshop

Sunshine 3—had an amazing week

Beach 1—all the class did well at Harvest Festival, lots of movement breaks made a difference

Beach 4—one student now wearing boxers and sitting on the loo very well

Pier 4—one student loving the attention bucket and independently working towards activity

Sunshine 2—Morrisons visit to buy pumpkins was a success, especially the visit to the café

Beach 5—one student particularly loved the drumming workshop

Beach 2—one pupil brilliant walking in the community

Sunshine 4—all did well in Harvest Festival with Dingle Dangle Scarecrow

School Dinners – w/b 30.10.23
Week of the Autumn Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Homemade pizza served with seasoned wedges	Sweet & Sour Chicken & Rice	Sausages, parsnips, roast potatoes & Yorkshire pudding	Bacon whirl & Cubbies	Harry Ramsden Fillet of fish served with chips
Main Meal Option 2	Macaroni Cheese served with garlic bread	Fish flipper dippers served with new potatoes	Cheesy beans in a Yorkshire pudding, parsnips & roast potatoes	Tomato Pasta	Hot dog & chips
Vegetables	Mixed vegetables	Broccoli & Sweetcorn	Cabbage & Carrots	Cauliflower & Mixed Vegetables	Baked beans
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Chocolate cake & Custard	Angel Delight or fresh fruit pots	Iced sponge	Fruit pots or Muller corner	Homemade cookie & Milkshake

ACL FAMILY LEARNING

**FREE FAMILY
EVENT**

SENDSATIONAL



**ACL Clacton
25th October**



**ACL Colchester
26th October**



**This Half term come and join in a fun
Sensory Story and activity session at our
Centres in Colchester and Clacton.
Enjoy a shared sensory story and some
sensational sensory activities**

03330 321 017

**aclessex.com/community-
family-learnin**



ACL

FAMILY LEARNING

**SEND
PUBERTY & HYGIENE**

**ONLINE COURSE STARTING
31ST OCTOBER**

FREE



**A 2 WEEK COURSE ALL
ABOUT TACKLING
PUBERTY AND HYGIENE
FOR SEND TEENS.**

BOOK NOW



ACL



Essex County Council



Giving
disabled children
a brighter future



Essex Autism Project

A newsletter for parents and carers

Website: <https://autismessex.kids.org.uk/>

Email: autismessex@kids.org.uk

October 2023

What's new at the Essex Autism Project?

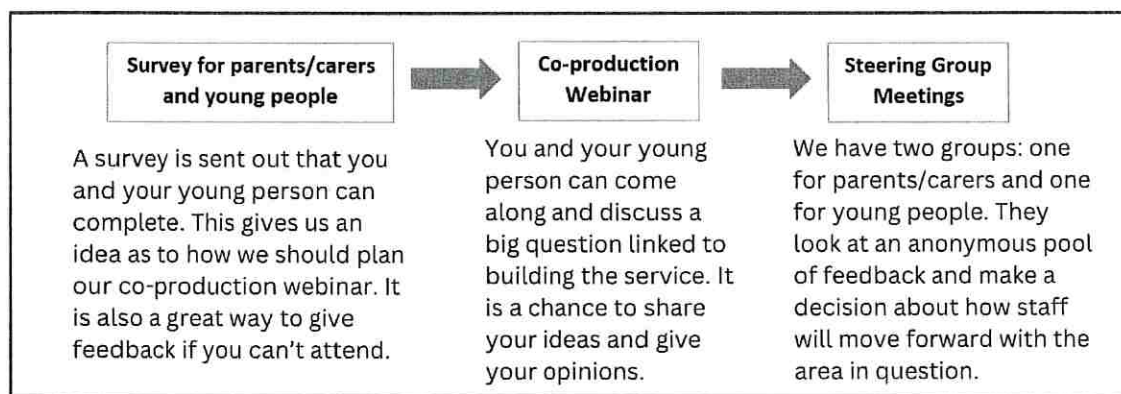
- Monthly update
- Co-producing the website with families
- Which topics have been chosen?
- Videos, animations and interviews
- FAQs

Monthly update

This month we have begun our co-production webinars and steering group meetings. This is a really exciting step for the service as it means we are now in a position to create content for the new website! We have also been speaking to local organisations who work with autistic people as we want to make sure that the new website contains high-quality information that is relevant to families. Thank you to those of you who have provided us with feedback so far. Please do keep it coming!

Co-producing the website with families

Co-production is now well under way with families and the Essex Autism Project is really coming to life! Here is a reminder about the way we are doing things:



We have had such fantastic ideas passed on to us so far which we are incredibly grateful for. Families always make suggestions to us that we have not previously considered and this is so important for building a service that truly works for you as a parent/carers. Surveys are sent out a week before each co-production webinar. The next webinar is on:

Fri 20th October

6pm

Website: What should it look like?



Essex Autism Project

A newsletter for organisations in Essex, Southend and Thurrock

Website: <https://autismessex.kids.org.uk/>

Email: autismessex@kids.org.uk

October 2023

What's new at the Essex Autism Project?

- Monthly update
- Update meetings
- Focus areas
- New co-production strategy
- FAQs

Monthly update

This month we have been focusing on building links with local organisations across Southend, Essex and Thurrock. Thank you to those of you who have signposted people to us. We are seeing an increasing number of professionals who are coming to us via word-of-mouth which is wonderful. We have also started our new co-production strategy which we hope will allow as many families as possible to contribute ideas to the service. Please see below for more information.

Update Meetings

At present we are meeting a steady stream of professionals who are new to the Essex Autism Project. It is great to have made so many links across Greater Essex and something which will really benefit our families. However, we want to ensure that our existing contacts are kept sufficiently up to date with service developments. If you would like to arrange an update meeting with us, please get in touch.



Focus areas

The Essex Autism Project is particularly keen to speak to professionals in the following areas:

- Southend
- Thurrock
- Harlow
- Tendring
- Basildon



We are aware that we are currently not reaching as many families as we possibly could in these local authorities and want to make sure this changes. If you are able to support us in making links with families, we would be keen to talk to you. The service has two Essex-based staff, so in-person visits can be arranged if this is preferred to meeting online.