

Dates for your Diary:



Friday 17th November—Children in Need—Dress up for a donation Anything from messy hair, face paints to a full fancy dress outfit.

Friday 24th November—Another dress up day this time for a donation of sweets for the Christmas tombola that SPLASH are organising

Tuesday 28th November—SPLASH meeting 2pm

Thursday 30th November—Harwich Coffee Morning

Thursday 30th November—Advent calendars for every student bought by SPLASH

Please could we remind parents and carers that this is a non smoking/vaping site

New office telephone number for Continence Service or physio, OT and Speech & Language
The new number is **0300 247 0015 option 2**

Happy Friday Good News—

Pier 3—A student has won a competition with the Lions Club Poster Competition with the theme Dare to Dream. His entry has now been entered into a national competition. He is so happy about winning, as are we! Halloween tuff trays have been thoroughly enjoyed by all

Pier 1—PE on Monday one pupil followed instructions brilliantly. Two pupils have new class chairs which have made such a difference. Another pupil moved her head towards light source in Autumn story.

Pier 4—all students went on the trampoline and loved it. Great interaction from one student with previous class staff member.

Pier 5—Another student choosing friends on eyegaze computer

Sunshine 8—new activities at the Leisure Centre enjoyed by all—table tennis and basket ball.

Beach 5—Public bus to Morrisons and shopping was great—all students very patient waiting at the bus stop

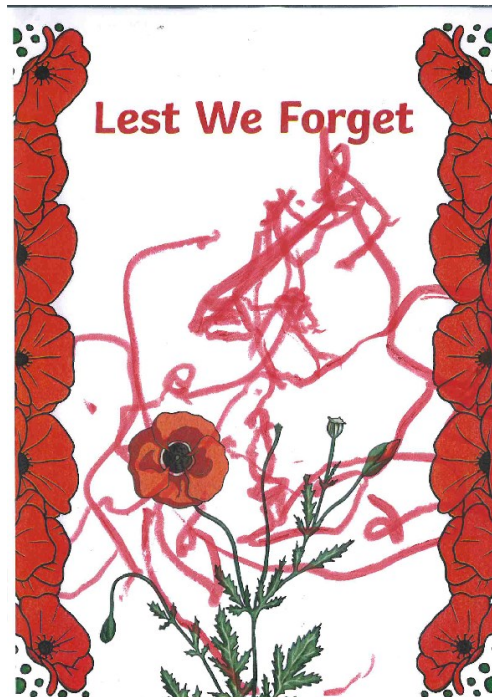
Beach 2—one pupil in pants all week—using the toilet—Yay!!

Sunshine 4—Firework safety week—everyone loved making chocolate sparklers (yummy!)

PE—Ten Pin Bowling Panathlon Event on 20th October with Beach 5 and Sunshine 8—We won the competition!

We were delighted to hear about a Halloween Party for one of our students not attending school. This student managed a 2 hour party and loved lots of decorating and Halloween related activities.

Pier 2— a wonderful review for one student and we all love his poppy picture for Remembrance Day which he completed independently.



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Pork & Apple burger with Potato Puffs	Sausage Roll & Mash	Roast chicken, sage & onion stuffing Yorkshire pudding & roast potatoes	Chilli con carne & rice	Omega 3 fish fingers & Chips
Main Meal Option 2	Tomato pasta bake	Quorn Dippers served with new potatoes	Cheesy beans in a Yorkshire pudding, sage & onion stuffing & roast potatoes	Mac and cheese	Ham, egg & chips
Vegetables	Mixed Vegetables	Cabbage & carrots	Cauliflower & mixed vegetables	Broccoli & sweetcorn	Spaghetti hoops
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/ Pudding	Jam sponge & custard	Fresh fruit pots or angel delight	Plum pudding & custard	Fruit smoothie	Home made muffin



Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?

Will your child not sleep in their own bed?

WE CAN HELP

03303 530 541

Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am

a sleep issue at some point*

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541

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Monday & Wednesday 9am - 11am

POWERED BY  the sleep charity

IN PARTNERSHIP WITH  Furniture Village

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*Survey of 2,000 adults by OnePoll, Aug 2021




Tendring Families First Charity

PRESENTS

QUATTRO AMICI



THE ACCLAIMED QUARTET OF CLASSICAL VOCALISTS ACCOMPANIED BY THE INIMITABLE JOE RICHARDSON ON THE KEYBOARD. BRINGING YOU AN ECLECTIC PROGRAMME OF MUSIC FROM CONTEMPORARY TO CLASSICAL OPERA TO OPERETTA, MUSICAL THEATRE TO FILMS. JOINING QUATTRO AMICI FOR ONE NIGHT ARE THE CHILDREN FROM MILLFIEL DS PRIMARY & BROOMGROVE JUNIOR SCHOOL CHOIRS



Autism Central

A link to some online courses that may be of interest.

<https://www.autismcentral.org.uk/hubs/essex-county-council>

ON A BUDGET

- ▶ Learn ways to find the best price
- ▶ How to budget your money in time for Christmas
- ▶ Help save money



FREE!



Imperial House, Rosemary Rd,
Clacton-on-Sea CO15 1NZ



Monday 6th November 2023



9:30am, for two hours

Attend this course
& receive a FREE
£10 shopping
voucher!*



*One voucher per learner. Voucher only redeemable for first attended
Multiply course.

LEGAL ADVICE FOR FAMILIES

Has your relationship broken down?

Issues Concerning Children?

We are pleased to be working with Essex University Law Clinic to provide a local school based confidential law clinic, to provide legal advice and information on a wide variety of issues affecting families, such as divorce and contact with children.

All advice is given by University of Essex law students in strictest confidence under supervision.

FRIDAY 17TH NOVEMBER 2023 – AM

**BROOMGROVE JUNIOR SCHOOL
by appointment only, No drop ins.**

Appointments will be offered following submission of referral form
please pick up a referral form from the school office or call:

Tendring Families First - 07944333685

Full name	
Date of birth	
Full postal address	
Email address REQUIRED TO OFFER ONLINE APPOINTMENT	
Telephone number(s)	
Partner/ex-partner's full name Please note that we request this information in order to carry out a conflict check to ensure they have not sought legal advice from us. They will not however be contacted in any way	
Partner's/ex-partner's date of birth	
Partner's/ex-partner's full postal address	
Brief outline of legal issue:	
<p>I agree that the information provided may be shared with the Essex Outreach Law Clinic and Tendring Families First. I understand that all details will remain confidential and will not be shared with any third party.</p> <p>I confirm I understand that the information I provide will be passed to the Law Clinic and I will be contacted me so that an appointment can be arranged.</p>	
Signature Client:	Date
Print Name	