



# Shorefields School Newsletter

*'Learning and achievement for all'*

**8<sup>th</sup> February 2019**

## **Dates for the diary:**

18<sup>th</sup> February half term – Finish at normal time

25<sup>th</sup> February – Back to school

26<sup>th</sup> February – Pink Day



The National School Breakfast Programme

Our school has joined the government's National School Breakfast Programme (NSBP), which is being delivered by the charities Family Action and Magic Breakfast.

As a NSBP School we are pleased to offer a healthy school breakfast (this will be given at snack time so the children will still need breakfast before they come to school) this is available to all.

If you would like some more information, please go onto Magic Breakfast website at:

<https://www.magicbreakfast.com/Default.aspx>

## **Sign of the Week**

February 14<sup>th</sup> is St Valentines day!



love and kindness

## **Polite Reminder**

Could parents/carers please either call the office by 8.30am or use school comms to advise us when your child is off sick. Also, please note that it is not the responsibility of the transport staff to inform us of the absence.

**Firstsite, Colchester – Autism Friendly Screenings over February half term: See poster if reception for more information**

**How to Train Your Dragon: Hidden World (PG)**

Fri 15 Feb 4:15pm & hurs 21 Feb 10:30am per person

Free entry for carers with a valid CEA card

## **PILATES IS RETURNING**

Parent pilates is returning after half term, everybody welcome  
Every Thursday 1.55 at School

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School Dinners – w/b 11/2/19 we will be on week 3 of the Menu.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Spaghetti Bolognese served with garlic bread	Southern fried chicken breast with potato wedges	Roast pork, onion stuffing, Yorkshire puddings & roast potatoes	Homemade sausage pie served with mash potato	Birdseye omega 3 fish fingers served with chips
Main Meal Option 2	Homemade cheese flan served with new potatoes	Fish burger in a bun served with potato wedges	Cheesy beans in a Yorkshire pudding, stuffing & roast potatoes	Tuna pasta bake	BBQ chicken wraps served with chips
Vegetables	Cauliflower & green beans	Sweetcorn & broccoli	Cabbage & mixed vegetables	Peas & carrots	Baked beans, bubble & squeak, corn on the cob
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dessert/Pudding	Chocolate cake with chocolate sauce	Jelly & Ice cream	Jam sponge & custard	Cheese & biscuits or fresh fruit salad	Smiley ginger biscuit & fruit smoothie

## MISTLEY KIDS CLUB

The holiday club is open from 8am – 6pm on the following days:

Monday 18<sup>th</sup> February 'Cooking up tasty treats'

Tuesday 19<sup>th</sup> February 'Disco and Magic with James

Wednesday 20<sup>th</sup> February 'Arts & Crafts'

Thursday 21<sup>st</sup> February 'Gaming bus' a visit from the gamersbus

Friday 22<sup>nd</sup> February 'Movie day/walk in the wood' (weather permitting)

Contact Claire on 07809176252 to book

## COCOCARE

Cococare in Colchester have places available at their creative dance class, suitable for all abilities. The classes run from 4.30-5.30pm every Tuesday during term time for children and young people aged 7 and upwards.

During February half term, transition days will again be available at Cococare for young people aged between 16-25 to gain experience of adult provision.

Timetabled activities vary, including art & craft trips, performing arts, cooking, sports, themed workshops and more. Consult the timetable at [www.cococare.co.uk](http://www.cococare.co.uk) or call 01206912021.

The sessions run from 9am-4pm weekdays and 9.30am-3.30pm on Saturdays.

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SPLASH have secured Jungle Adventure in Colchester for private hire so that the children of Shorefields School can have fun within a SEN environment.

Date: Monday 18<sup>th</sup> February 6-8pm  
Cost: £6 per child – PLAY ONLY  
£10 – PLAY AND BUFFET MEAL

Other planned events are:

Friday 1st March - Quiz Night 7 for 7.30 start  
Friday 22nd March - Bingo Night 7 for 7.30 start

More details to follow.....

Next Splash meeting 14 Feb at 2pm - all welcome



**For Families with Children and Adults  
with Additional Needs & Disabilities**

**Saturday 9<sup>th</sup> February 2019**

**10.30 am – 12.30 pm**

**Venue – Christ Church URC, Carnarvon Rd,  
Clacton, CO15 6PH**

**Messy Fun for all the family, Parents, Siblings & Carers**

**Crafts, Music, Interactive Sensory Story, Sensory Messy Play**

**Lunch provided**

**Contact Trish Hahn: 01255 483288**

**Facebook: Messy Church S.E.N.D. / Christ Church URC**

**Future dates: 16<sup>th</sup> March, 27<sup>th</sup> April, 18<sup>th</sup> May**

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Firstsite, Colchester are holding Autism Friendly Screenings over Feb Half Term 2019.

The screenings include adjustments which aim to reduce over-stimulation and create a welcoming atmosphere:

- Auditorium lights are kept at a low level.
- Sound is played at a reduced level.
- No trailers or additions are played before the film.
- There is freedom to move around and sit where you like. Seats are allocated in the booking process, but please feel free to change seats during the film.
- Availability of a chill out zone close to the cinema.
- Free entry for carers with a valid CEA card.
- Ear defenders can be requested from the welcome desk at the building entrance (subject to availability).
- Social stories are available – downloadable from the website:  
firstsite.uk/whats-on/autism-friendly-train-your-dragon-hidden-world

## **Screenings over February half term:**

### **How to Train Your Dragon: Hidden World (PG)**

Fri 15 Feb 4:15pm

Thurs 21 Feb 10:30am

£6 per person

Free entry for carers with a valid CEA card

*What began as an unlikely friendship between an adolescent Viking and a fearsome Night Fury dragon has become an epic adventure spanning their lives. Welcome to the most astonishing chapter of one of the most beloved animated franchises in film history.*

### **How to book:**

Visit <https://firstsite.uk/whats-on/autism-friendly-train-your-dragon-hidden-world/>

Alternatively call 01206 713 700 or purchase in person by visiting the welcome desk Mon to Sun 10am – 5pm.

Firstsite, Lewis Gardens, High Street, Colchester, Essex CO1 1JH

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# Pink Day

## Tuesday 26th February

**Come to school dressed in something 'Pink' for a suggested donation of £1**

**Refreshments and raffle tickets will also be on sale**

**All money raised to 'Breast Cancer Care'**

**Registered charity number: 1017658**

