



Family Newsletter- Friday 20th  
September 2024

## Diary Dates



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- *Friday 27th September MacMillan Coffee Day Please see time table below*
  - *Thurs 10th Oct - Harwich Coffee Morning (new families only)*
  - *Wed 16th Clacton Coffee Morning Brotherhood Hall*
    - *Wed 16th Alex Ball Football Tournament*
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### Macmillan Coffee Day Friday 27th September 2024

Social Care & Preparing for Adulthood advisors will be attending from 9.30 - 11

Sunshine 8	9.30
Beach 4 & 5	9.50
Pier 4 Sunshine 6	10.10
Pier 5	10.30
Sunshine 7	10.50
Sunshine 5 & Pier 3	11.10
Sunshine 3 & 4	11.30
Pier 1 & 2 Sunshine 1	1.40
Beach 1 & 2 Sunshine 2	2.00
Beach 3 & Sunshine 3	2.20

Thank you for all your help and donations to our Sponsored walk amount raised will be posted once money is collected

## SHOREFIELDS SCHOOL ANNUAL CALENDAR 2024 - 2025

AUTUMN TERM	SPRING TERM	SUMMER TERM
<p><b>SEPTEMBER</b>            Mon 2<sup>nd</sup> Meet the Team            Tues 3<sup>rd</sup> New Starters Only            Thurs 19<sup>th</sup> Sponsored Walk            Friday 27<sup>th</sup> Macmillan Coffee Day Timetable to follow</p> <p><b>OCTOBER</b>            Thurs 10<sup>th</sup> - Fri 11<sup>th</sup> - KS3 Birch Hall Residential            Thurs 10<sup>th</sup> Oct- Harwich Coffee Morning- New families only            Fri 11<sup>th</sup> - Drumming Workshop            Wed 16<sup>th</sup> Alex Ball Football tournament            Wed 16<sup>th</sup> Oct- Parents Coffee Morning- Clacton (Brotherhood Hall)            Thurs 17<sup>th</sup> Autumn Festival St Pauls 10.00 whole School            Fri 18<sup>th</sup> Dress up day for a donation of sweets for Christmas Disco Tombola            21<sup>st</sup> -25<sup>th</sup> Colourscape workshops-</p> <p><b>NOVEMBER</b>            Wed 6<sup>th</sup>- Moonbeam Theatre            Wed 13<sup>th</sup> Nov- Parents Coffee Morning- Clacton            Fri 15<sup>th</sup> Children in need – Dress up for donation.            Thurs 21<sup>st</sup>- Harwich Coffee Morning</p> <p><b>DECEMBER</b>            Wed 4<sup>th</sup> Christmas Bazaar            Tues 10<sup>th</sup> Lower School Christmas Show            Pier 1 &amp; 2, Beach 1,2 &amp; 3 Sunshine 1,2,3 &amp; 4            Wed 11<sup>th</sup> Father Christmas &amp; Dinner Day            Thurs 12<sup>th</sup> – Wed 18<sup>th</sup> Winter Wonderland            Mon 16<sup>th</sup> SPLASH Christmas Disco 5-7            Tues 17<sup>th</sup> Christmas at St. Pauls- Pier 3, 4 &amp; 5            Beach 4 &amp; 5 Sunshine 5, 6, 7 &amp; 8 10am            Wed 18<sup>th</sup> Students go home half day, 1.30</p>	<p><b>JANUARY</b>            Tue 21<sup>st</sup> Jan- School Photos            Wed 22<sup>nd</sup> - Parents Coffee Morning- Clacton            Thurs 23<sup>rd</sup> - Harwich Coffee Morning</p> <p><b>FEBRUARY</b>            Wed 5<sup>th</sup> Pink Day - Dress up for a donation. Cakes, etc.            Wed 12<sup>th</sup>- Parents Coffee Morning- Clacton</p> <p><b>MARCH</b>            Thurs 6<sup>th</sup> World Book Day Dress up as a book character            Wed 12<sup>th</sup>- Fri 14<sup>th</sup>- Residential trip Centre Parks            Wed 12<sup>th</sup>- Parents Coffee Morning- Clacton            Wed 19<sup>th</sup> Parent evening 3.30 – 4:30- Cafe            Thurs 20<sup>th</sup>- Harwich Coffee Morning</p> <p><b>APRIL</b>            Thurs 3<sup>rd</sup> Easter Egg distribution            Fri 4<sup>th</sup> Children home half day</p>	<p><b>MAY</b>            Wed 7<sup>th</sup> - Parents Coffee Morning- Clacton            Mon 12<sup>th</sup> – 16<sup>th</sup> – Careers week            Wed 21<sup>st</sup> Sports Day            Thurs 22<sup>nd</sup> Harwich Coffee Morning</p> <p><b>JUNE</b>            Wed 4<sup>th</sup> Sports Day (Reserved)            Wed 11<sup>th</sup> Parents Coffee Morning – Clacton            Mon 16<sup>th</sup> – Fri 20<sup>th</sup> National Sports/Fun Week            Thurs 19<sup>th</sup>-- Harwich Coffee Morning</p> <p><b>JULY</b>            Thurs 3<sup>rd</sup> Coffee Morning in for parents in the café            Wed 16<sup>th</sup> College Show            Fri 18<sup>th</sup> Shorefest            Mon 21<sup>st</sup> Leavers Afternoon            Children go home half day 1.30</p>

## SPLASH News



If you would like to book any of these

- Go to Shorefields School PTA and events on Facebook
- Email Louise [lbennison89@gmail.com](mailto:lbennison89@gmail.com)

- Put a note in the home school book



Sun, 6 Oct at 16:00



Splash Amazing activities private hire



Sun, 20 Oct at 11:00

splash private hire of walton pool

## School Menu- Week 1

<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">  </div> <div style="text-align: center;"> <h3>Menu</h3> <p>Week 1    New Summer Menu 2024</p> </div> <div style="text-align: center;">  </div> </div>					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Macaroni Cheese Served With Garlic Bread	All Day Breakfast Sausage Egg Bacon Hash Browns	Roast Pork Sage & Onion Stuffing Yorkshire Pudding Roast Potatoes	Home Made Bacon Pastry Whirls Served With Seasoned Cubed Potatoes	Omega 3 Fish Fingers Served With Chips
<b>Option 2</b>	Harry Ramsdon Fillet Or Fish Served With New Potatoes	Vegetarian Sausage Egg Tomato Hash Browns	Cheesey Beans In A Yorkshire Pudding Sage & Onion Stuffing Roast Potatoes	Tomato Pasta Bake	Beef Burger Or Chicken Burger Served With Chips
<b>On the Side</b>	Mixed Vegetables	Baked Beans	Cabbage & Carrots	Broccoli & Sweetcorn	Baked Beans Or Spagetti Hoops
<b>For Dessert</b>	Home Made Carrot Cake Custard	Fresh Fruit Pots Or Angel Delight	Home Made Lemon Drizzle Cake Custard	Fruit Ice Smoothie	Home Made Chocolate Brownie Or Ice Lollie

## School beach hut

The beach hut is still available to hire for parents and children of Shorefields School - if you would like to book it.

The current rates are:

3 days use - £40 donation to Edith Elms Trust

1 day use - £15 donation to Edith Elms Trust

If parents would like to make a booking please contact the school office.

Starring our very own Pete. All proceeds going to Shorefields



## Relaxed Swim Leisure World

[SEND Sensation - Essex Short Breaks: Clubs & Activities](#)

Due to popular demand, Essex Short Breaks have partnered with Leisure World Colchester to offer a number of Relaxed SEND Swim sessions, every Tuesday 4:30 - 6:00pm in the LEISURE POOL

From 17th September for a 6 week trial period

Children & young people with a SEND diagnosis can enjoy a swim session with a parent/carer and siblings

To book your spot please visit: <https://www.eventbrite.com/.../relaxed-weekly-send-swim...> Don't forget to have your Short Breaks Passport ID when booking, for any support in getting this please email [essexshortbreaks@sendsensation.co.uk](mailto:essexshortbreaks@sendsensation.co.uk)

PLEASE NOTE: These sessions are at a highly discounted rate of £5 per child/young person with ONE parent/carer free. Any additional adults and siblings will also be charged £5 - payment to be made on the day.

**Disability 4SPORT**

leisure world

**EVERY TUESDAY  
4.30PM - 6PM**

We are delighted to be continuing our partnership with Leisure World, Colchester to offer you an evening swim session!

**Relaxed SEND  
Swim Session**  
in the leisure pool

**Price £5 per Child & Carer goes FREE**  
Any additional parents/carers are £5 also

 Cowdray Ave, Colchester CO1 1YH 

## Good News Friday



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*Sunshine 8 - One of the new pupils has really settled in this week. Another student has been asking for more work.*

*Sunshine 6 - Have had a busy week making compasses and also making sandwiches independently with some excellent listening skills.*

*Sunshine 7 - Had a great first swimming session at the leisure centre.*

*Sunshine 4 - Well done to a student who managed to complete the whole of the sponsored walk!*

*Pier 1 - Pupils have been trying to help during cooking with verbal prompts . One pupil has practised his walking to Grand Old Duke of York.*

*Pier 2 - One of the students loves 'Hello', they are waving and then signing Hello. Another student enjoyed going outside during the performing art session. One student is using two words!*

*Sunshine 1 - This week there was a successful trip to the park for the first time which included lots of walking.*

*One student has been using public transport successfully and has been chatty and cheerful to members of the public.*

*Pier 5 - A student walked all the way to the pier. Two other students loved their hydro session this week. A student loved taking part in their music session.*

*Sunshine 3 - All students sat and participated in a tooth brushing session.*

*Beach 2 - One student has made massive progress with managing transitions to and from the playground.*

*Beach 5 - A student did an independent art activity and even washed his hands by himself.*

*PE - One student used the trampoline whilst standing. Another student is now managing to sit.*

*Sunshine 2 - One of the students has settled in really quickly. Another student has been coping a little bit more with the classroom noise.*

*Pier 4 - One student has been coping well with a full time timetable.*

*Beach 4 - Loved swimming this week. One student managed a 40 minute session.*

*Beach 1 - A new pupil is now checking his schedule. Another student is adding one more.*

*Sunshine 4 - A student has joined in with lots of activities and really enjoys 1:1 activities.*

*Beach 3 - Enjoyed a lovely trip to Highwoods country park. One student has been consistently weeing on the toilet.*

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## **Do you shop at ASDA?**

If you or family friends shop in Asda perhaps you would like to consider us. It will not cost you anything but it will benefit the school. Please click on the link below

### **Introducing... Cashpot for Schools!**

[https://www.asda.com/cashpotforschools?mi\\_u=0038d00000osYjDAAU&mi\\_ecmp=325506&cmpid=emc-otc-rew-e-ghs-irps-EAR001714-Wk-36&utm\\_medium=crm&utm\\_source=email&utm\\_campaign=Rewards&utm\\_content=ret\\_all\\_EAR001714&mi\\_cmp=da5cca401795dff9\\_11786980&mi\\_sc=t](https://www.asda.com/cashpotforschools?mi_u=0038d00000osYjDAAU&mi_ecmp=325506&cmpid=emc-otc-rew-e-ghs-irps-EAR001714-Wk-36&utm_medium=crm&utm_source=email&utm_campaign=Rewards&utm_content=ret_all_EAR001714&mi_cmp=da5cca401795dff9_11786980&mi_sc=t)

## **Upcoming Events**

[BETWEEN THE TIDES, Walton Arts Festival | Arts festival in Walton on the Naze](#)

[The Playground Proms: comdy music workshops for kids Tickets, Sat, Sep 21, 2024 at 2:00 PM | Eventbrite](#)



# teentalk

HARWICH

## DO YOU NEED SOMEONE TO TALK TO?

PROVIDES EMOTIONAL AND PRACTICAL SUPPORT  
FOR YOUNG PEOPLE AGED 11-25

PROMOTE GOOD WELL-BEING

BUILD CONFIDENCE AND RESILIENCE TO OVERCOME  
LIFE'S CHALLENGES

IMPROVE FAMILY RELATIONSHIPS

BELIEVE IN YOUR ABILITIES AND ACHIEVEMENTS,  
LEADING TO BRIGHTER FUTURES

FOR MORE INFORMATION, CONTACT US VIA EMAIL OR PHONE

01255 504800

INFO@TEENTALKHARWICH.CO.UK

WWW.TEENTALKHARWICH.CO.UK

# 17-25 social group

Are you aged 17-25?

Do you find social situations a challenge?

Come join our small, friendly social group! Meet others, chat, play games, activities, and more! Our activities are free, dedicated to providing every young person with the opportunity to be included.

From smoothie making to creative writing, you can get involved with our **FREE** sessions now! All you have to do is contact us to find out how to get involved!



You can now sign up to join our social group, running Tuesdays, from 17th September at 4pm-6.30pm, until the 17th of December!



teentalk  
HARWICH

Funded by



01255 504800

info@teentalkharwich.co.uk

www.teentalkharwich.co.uk

17 Cliff Road CO12 3PP

# 11-16

## Social Group



teentalk  
HARWICH

Are you aged 11-16?  
Do you find social  
situations a challenge?

Join our small and friendly social  
group! Meet others, chat, play games,  
activities, and more!

The theme of the social group sessions is:



# HAPPY HOLIDAYS



Over the course of these next few weeks we have plenty  
of autumn and winter themed activities planned, such as  
paper mache modelling and snow globe creations!

Thursday from 4pm-6pm

Running from the 12th of September to the 19th of December

**All our activities are completely FREE!**

**All you have to do is sign up!**

Contact us today to find out on how to join the fun!

funded by  
Children  
in Need

01255 504800

info@teentalkharwich.co.uk

www.teentalkharwich.co.uk

17 Cliff Road CO12 3PP

## DYNAMITE

### SCHOOL OF DANCE

THE COMMUNITY HALLS @ ABBOTS,  
39 LADBROOK DRIVE, COLCHESTER,  
ESSEX, CO2 8UQ



BRINGING DANCE CLASSES TO THOSE WITH  
ADDITIONAL NEEDS IN FREESTYLE DISCO/  
LYRICAL/STREET AND ROCK N ROLL

**THURSDAY EVENINGS FROM 11TH JULY**

1700-1800 CHILDREN

1800-1900 WHEELCHAIR USERS

1900-2000 ADULTS

CARERS/SUPPORT STAFF PERMITTED TO STAY  
IF REQUIRED

ATTEND OUR CLASSES FOR FUN & SOCIAL REASONS  
OR MAYBE TRAIN TOWARDS INTERNATIONAL EXAMS,  
COMPETITIONS, PRESENTATIONS AND HIGH PROFILE  
EVENTS.



PLEASE CONTACT SARAH-LOU  
FOR FURTHER DETAILS ON  
07986635117



# BILL CLINIC

FREE HEALTH CHECK OF YOUR ENERGY & UTILITY BILLS

ELECTRICITY  GAS  BROADBAND  MOBILES  INSURANCE



Sharon Holt

"Worried you are spending too much on your Gas and Electricity?" So are we...

Contact us now for your free no obligation review.

SCAN ME



[www.billclinic.co.uk](http://www.billclinic.co.uk)  
Tel: 01255 847271

[info@billclinic.co.uk](mailto:info@billclinic.co.uk)  
Mob: 0797 707 4313

*Clubs & Activities*

- Saturday Football Teams
- Saturday Musical Theatre
- Performance opportunities
- Residentials
- School holiday dance workshops
- Weekly pub nights

**PROJECT | 21**  
Activities, clubs and events for people with Down's Syndrome

CAMBRIDGE  
COLCHESTER  
IPSWICH

*Get in touch*  
[www.project21uk.com](http://www.project21uk.com)  
[info@project21uk.com](mailto:info@project21uk.com)  
@project21uk

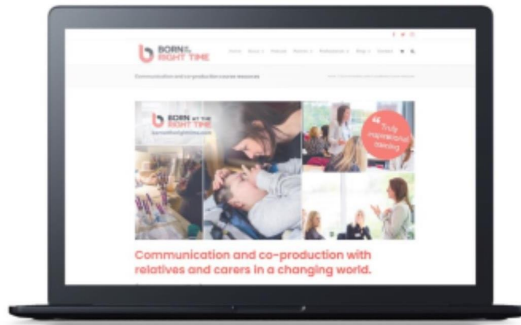
JustGiving  
[www.justgiving.com/project-21](http://www.justgiving.com/project-21)

## Born at the Right Time Ltd

Born at the Right Time aims to #bridgethegap between families and the professionals who support them. Rachel is an engaging and

(occasionally) humorous communicator who uses her lived experience to inject the heartbeat of person-centred practice into care provision.

All training for practitioners supporting children/ adults with complex needs is CPD certified and focuses on collaboration and personalised care, hosted by Director and Founder Rachel Wright.



## Practitioner courses



### Introduction to Communication and Collaboration with Parents/Carers

Introductory 2-hours  
on-line and on-demand CPD  
certified e-learning.

*“Excellent training”*  
*“Valuable insights”*  
*“Nice introduction”*

## Essentials in



### Communication and Co-production with Parents/Carers

An inspiring, interactive and unique **4-hours** CPD certified training packed with lived experience, research and best practice, **virtual or bespoke in-person.**

*“Truly inspirational training”*

*“The best course I have been on bar-none”*

*“This training should be mandatory for every practitioner”*

**Advanced Difficult Conversations, Conflict and Relationship Building with Parents/Carers**

**In-person and/or zoom sessions bespoke packages for teams/organisations. (7-hours CPD Certified)**

## Family Resources

Cultivating connection through helping people feel less alone and facilitating peer support. Check out our website for upcoming events, Zoom meetings, webinars, in-person and virtual live events.

## Parenting a Child with The Skies We're Under Parenting Complex Needs Workshop Disabled Children Podcast



An interactive, engaging and supportive A podcast by and for parents of people with workshop delivered by a parent, for complex disabilities. Funny, informative and

parents and carers of children with sometimes swears conversations about a additional needs. different kind of parenting.

## The Skies I'm Under Book Shattered Book



Rachel's personal and evocative narrative Shattered is not a fix-it-quick kind of book. exposes the heart of being forced to live Instead of the book of your dreams, it is the an unexpected life. Her story will make book you want when your dreams seem you laugh and cry as she shares her out of reach. This brave, honest and funny experiences of grappling with healing, devotional takes a refreshing new look at forgiveness, grief and her faith.the inevitable twists and turns of life.



**All courses can be booked through [Cademy](#) or email [admin@bornattherighttime.com](mailto:admin@bornattherighttime.com) to either access group discounts, book an in-person event or your free training consultation.**

## Courses in collaboration with other organisations



These blended courses combine pre-recorded training and live events



### Introduction to 24-hour Postural Care for Healthcare Professionals

3-hours, introductory, CPD certified training on the fundamental principles of postural care.

*100% of delegates said the course would improve their practice.*



### 24-hour Postural Care from Cradle Grave

Comprehensive 2-3 day, CPD certified training equipping specialist practitioners with the information needed to provide an outstanding, personalised postural care service.

*"Valuable training - loved the variety of learning styles"  
"Given me back my mojo for postural care"*



### Hands-on Training for the Postural Care Workforce

Giving knowledge and confidence to those providing hands-on care in health, education and social care settings through CPD certified training.

*"You made me feel powerful"  
"Great training, informative and thorough!"*



### SEN School Inset Day

Bespoke CPD certified training for SEN schools wanting to deliver excellent postural care as part of a specialist teaching provision.

*"Amazing. Very useful, inspirational, and emotional"  
"Training was great- very informative and interesting"*

To find out more about our courses and how to book, please visit our website [www.bornattherighttime.com](http://www.bornattherighttime.com) or email [admin@bornattherighttime.com](mailto:admin@bornattherighttime.com) to access group discounts and book your free training consultation.



## Our Designated Safeguarding Team

# Our Designated Safeguarding Team

All members of the safeguarding team are trained designated leads. You can discuss any worries or concerns with them. Please discuss any concerns before leaving the building.



**Gemma Fowler**  
Acting Head Teacher-  
Designated  
Safeguarding Lead



**Alison Beasley**  
Deputy Head Teacher-  
Deputy Designated  
Safeguarding Lead



**Ryan Bruce**  
Acting Deputy Head Teacher-  
Deputy Designated  
Safeguarding Lead



**Debbie Hamilton**  
Special School Nurse-  
Deputy Designated  
Safeguarding Lead

**Linda Robinson**  
Safeguarding Governor